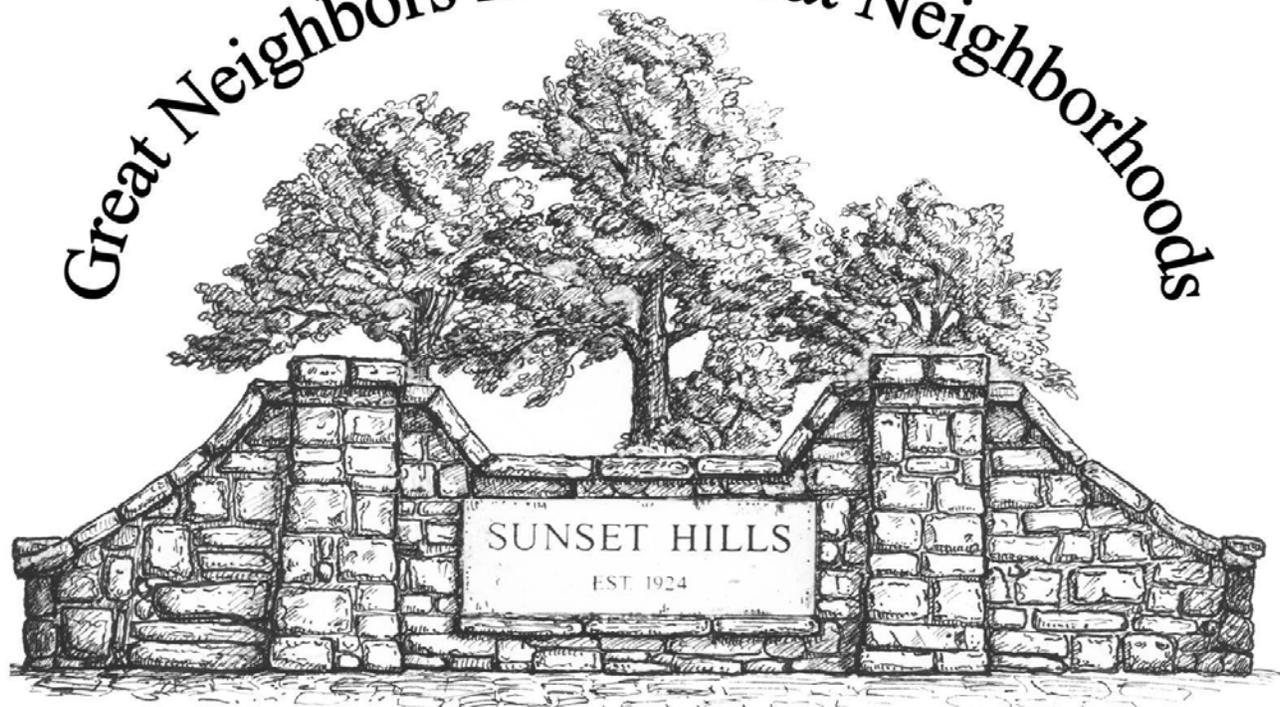


Great Neighbors Make Great Neighborhoods



## Sunset Hills May 2020

Special Co-Vid 19 Issue - Greensboro, North Carolina

### Annual Neighborhood Events

January

February

March

April

*Easter Egg Hunt*

*Great American Clean-up*

May

*Annual Pig Picking*

June

July

*July 4th Parade and Picnic*

August

*National Night Out*

September

*Big Sweep Event*

October

*Neighborhood Meeting*

*Halloween Party in the Park*

November

*Lighted Christmas Ball Workshop*

December

*Lighted Christmas Balls*

*Food Drive, Running of the Balls*

### President's Message

By Scott Michaels

There is no doubt that we are living in challenging times. And if we have to work through these challenges, I'm so glad I'm doing it in Sunset Hills! As our previous president Carl Phillips always said: "Great Neighbors Make Great Neighborhoods" and that has been proven over and over throughout the last few weeks.

It's almost surreal that this is all happening when everything is so beautiful outside. Azaleas and dogwoods are in bloom across the neighborhood. Grass is bright and green. The weather calls out for us to be outside doing things together. But, in the midst of all this beauty, we have to stay at home to protect ourselves and our friends, family and neighbors from a horrible disease.

I've always thought this was the best place to live in Greensboro and I've loved my 14 years in our neighborhood.

(Continued on Page 3)

## Sunset Hills Neighborhood Association Board of Directors

### President

Scott Michaels      scottmichaels100@gmail.com

### Vice-President

Open

### Secretary

Cindy Ramsay

### Treasurer

Elaine Brune      sunsethillsgsonc@gmail.com  
Mail dues to:      2504 Sylvan Rd.

### Neighborhood Watch

Mary Schwarz      720marybeth@gmail.com  
David Hammer      davidhammer1@gmail.com  
Ferdinand Stout      ridgeway1031@hotmail.com

### Neighborhood Watch / Block Captain Coordinator

Elaine Brune (South of Market) sunsethillsgsonc@gmail.com  
Jerry Pifer (North of Market) jpifer@earthlink.com

### Transportation Committee Chair

Gerry Alfano      mtisdel@att.net (336)272-3512

### Social Events

Leah McCoy  
Sarah Purcell

### Event Coordinators

#### Easter Egg Hunt -

Cindy Ramsey  
Judy Villela

#### Fourth of July - Open

#### Halloween in the park -

Michael Driver      michael@yourhometriad.com

#### Annual Pig Pickin -

Gary Rogers      grgrlr@mindspring.com

### Environmental Affairs

Erin Reiss

### Garden Club Representative

Michelle Togut      togut@gmail.com

### Web site coordinator

Robin Timmins      timmins203@gmail.com

### Listserv coordinator

Adam Graham-Squire      adam.grahamsquire@gmail.com

### Historian

Troy Hopkins      troy.hopkins@lfg.com

### Newsletter Team

Elaine Brune and      bardsley-brune@triad.rr.com  
Roger Bardsley      (336) 378-1990  
Carl Phillips      cwpjr5524@aol.com  
Carole Potter      cllindse@gmail.com  
Chip Potter      jcpottergm@gmail.com  
Marlene Pratto      mrpsunset@gmail.com  
Robin Timmins      timmins203@gmail.com  
Jerry Pifer      jpifer@earthlink.com

### Representative to the Neighborhood Congress

Mike Pendergraft, Gerry Alfano



## Sources of Neighborhood Information

The Sunset Hills Neighborhood Association has a website, Facebook page, and a listserv. Many pictures of neighborhood events appear in color on the website and on the Facebook page.

Get to know your neighbors in text and print and learn the news: <http://www.sunsethillsneighborhood.org>. If you are not on the new Google groups listserv send an email to Adam Graham-Squire (adam.grahamsquire@gmail.com) and you will be added. The listserv is monitored. The neighborhood Facebook page is:

<https://www.facebook.com/SunsetHillsGSO>

When you have a question about tradespeople, spot a stray dog or cat or note something unusual, submit a message to the listserv and the message goes out to all the members. The listserv is monitored to keep the messages relevant to this area and on topics about the neighborhood. You must have paid your 2020 dues to submit a non-emergency message to the listserv.



**DUES are due in January. However, it is never too late to pay for the current year. Please remit your \$10 directly to the treasurer, Elaine Brune at 2504 Sylvan Rd. Checks for more than \$10 will be accepted as donations to the Sunset Hills Neighborhood Association.**

The neighborhood response to the current crisis has only reinforced my beliefs. Neighbors are looking after and helping each other as we get through this together. And the realization across the neighborhood that we are all in this together is quite clear.

This crisis came out of the blue for a lot of people and many are struggling. Just waving and saying hello, from a safe distance, as you are out walking can mean a lot. It may be the only human contact or interaction some of our neighbors have in the course of the day. I appreciate seeing the focus on social distancing as I walk my dog and we all maneuver to keep our space apart as we stroll the neighborhood.

I love seeing people concerned with supporting our local businesses. Our neighborhood businesses, in particular, are huge contributors to making this such a wonderful place to live. Please support them. I would much rather go to the Bestway than one of the larger stores, especially right now, for many reasons. I love to get takeout from Embur. You can get delivery from other neighborhood places. Please continue to support them any way you can!

And, as always, I appreciate the thoughtfulness of people organizing in the neighborhood to help those less fortunate. There are numerous foodbanks in need of support and I'm seeing the back and forth discussions of how we can help them. So many are in need now and it will only be getting worse. It makes me proud to see my neighbors recognize this and look for solutions.

This, too, shall pass. One day we will all be out and about again. We will be back to rushing around going to the jobs and activities we love. But I hope this strange time we are living in will help us all appreciate things a little bit more. Slow us down a little bit. Make us think of others a little more. And continue the spirit of togetherness I'm seeing in our neighborhood right now.

Stay safe. Stay positive. Stay healthy!



## Rates for 2020 Newsletter

### Advertising

**\$20- biz card size**

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**\$80- 1/2 pg (7.5x4.75)**

**\$160- full pg(7.5x9.75)**

**advertising rates are per ad appearance.**

Add \$10 if your dues are not up-to-date. Contact Marlene (see Newsletter Team on page 2) to arrange for an ad. Then send your check to Elaine Brune, address on page 2. Thanks to our advertisers for helping to offset the cost of this newsletter.

## Ad and Photo Submission

Adobe InDesign is used for layout of the newsletter. All ads, photos and graphics that are submitted should be high resolution (300 dpi plus). Photos should be sent as jpeg images. High resolution pdf is also good. Remember, it is always easy to change to 72 dpi for the web, but not as good to change low resolution to high resolution. Please submit ads in the actual size you want.

If you have questions, please contact me at [cclindse@gmail.com](mailto:cclindse@gmail.com) and I will be glad to help.



# Always here for you

In some ways, we're going about business very differently these days. But keep in mind much remains the same. I'm still here to help you navigate the challenges, make smart decisions and ensure that now more than ever you have a caring partner by your side.

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# **Ideas for Impromptu Homeschooling/Survival (from two teachers and parents of 3 kids)**

By Anne Beatty and Adam Graham-Squire

Even before the governor announced the school closure, we were garnering resources in anticipation of how we would corral our three children, ages 4, 8, and 10, while at the same time balancing the shift to remote learning for our teaching jobs (me as a high school English teacher, he as a college math professor). We keep reminding ourselves that we're lucky. We are home with our kids, unlike so many essential workers these days; we are getting paid; we have a pantry of food; we're healthy. Still, most parents we know still wake up each morning and remember with a kind of horror that the kids aren't going anywhere.

Below are some activities that we have used to stay sane over the past month:

1. We've accepted the reality of lots of screen time. But we don't feel guilty about all of it. Some math/puzzle apps we've liked for our kids include:

- For younger kids (pre-K/kindergarten): Moose math
- For early elementary (K-2 grade): Sushi Monster and Dragonbox Algebra
- For older kids (3-5 grade): Slice Fractions and Dragonbox Algebra 12+.

Good puzzle apps: Inventioners, Monument Valley, and Simple Physics

2. Kids in GCS are on Canvas, and most people know about Khan Academy. But we've also been relying heavily on these websites:

- Art for Kids Hub on YouTube
- TED Talks (especially the TED Ed Blog, which has lots of kid-friendly ideas, like the animated series Think Like a Coder)
- Free e-books in Gutenberg library ([gutenberg.org](http://gutenberg.org))
- Free audiobooks at [audiobooks.org](http://audiobooks.org) or [loyalbooks.com](http://loyalbooks.com) (Little Women, The Adventures of Tom Sawyer, The Wind in the Willows, Black Beauty, Peter Pan, White Fang are all free online)
- Go Noodle and Cosmic Yoga for exercise

3. Kids can Facetime, Zoom or Skype with grandparents or cousins, or meet for a virtual story hour so an adult across the country can spend a little time entertaining the kids.

4. If your kids need some creative projects, here are some not-worksheet-based English Language Arts ideas for kids of varying ages (the English teacher in me can't resist)

- Print out blank comic templates and create your own graphic novel.
- Start a virtual book club (Facetime with friends each day after a new chapter? Skype with cousins across the country?). Older kids can also read to younger kids.
- Read a book and watch the movie for a comparison study of similarities and differences (Good options for early elementary: Mary Poppins, Alice in Wonderland, Charlie and the Chocolate Factory, Mr. Popper's Penguins, How to Eat Fried Worms, Matilda) (Good options for upper elementary: Wonder, Because of Winn Dixie, A

(Continued on Page 6)

(Continued from Page 5)

Series of Unfortunate Events, The Chronicles of Narnia, Hunger Games, Divergent, Where the Red Fern Grows)

- Write a novel or add a missing chapter to a favorite book from the narrator's POV (It's fun to ask kids to write Ch. 0-- what happened before the book started?-- as well as to continue a chapter beyond the ending.)
- Write up interview questions and conduct an email or phone interview of an older relative. Create a family tree and write up a narrative of the family.
- Design a utopia. What would a perfect world look like? Write it, draw it, or build a model of it.
- Write a story beginning and pass it to another person to finish it. You could do this in person or via email. Keep passing until the story is done, then return it to the original author.
- Play a writing/drawing version of the game Telephone, either in person or virtually: One person writes a line, then passes. The next person reads the line, illustrates it, and then folds the paper so only the drawing shows, and passes it to a third person. The third person writes a sentence describing the picture, then folds it so only the second picture shows and passes it to a fourth person, and so on.

5. Let kids be the teacher. Assign older kids in the family or on the block to teach younger kids something. Or they can make up math problems for kids who are younger, then find some younger kids and give them those problems. Write/illustrate a picture book for younger kids.

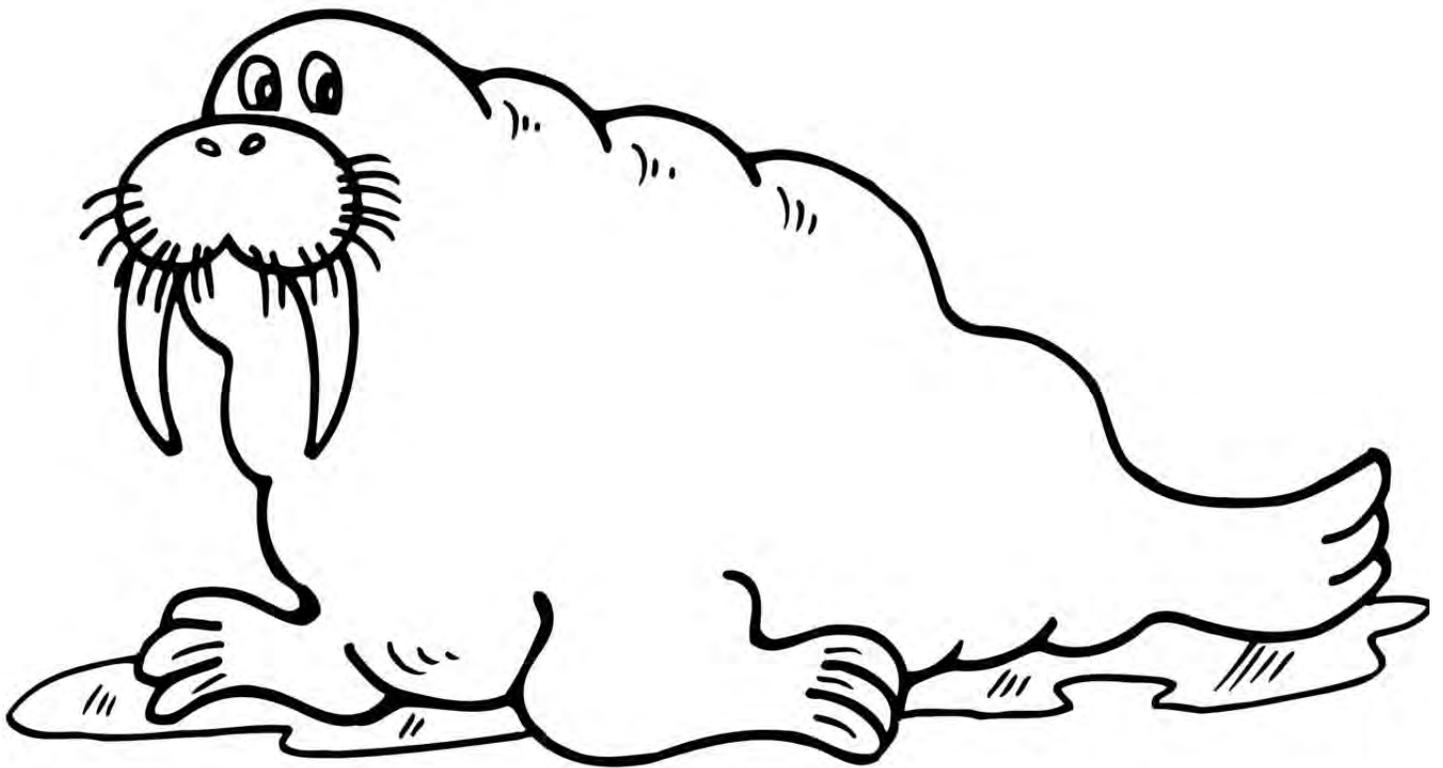
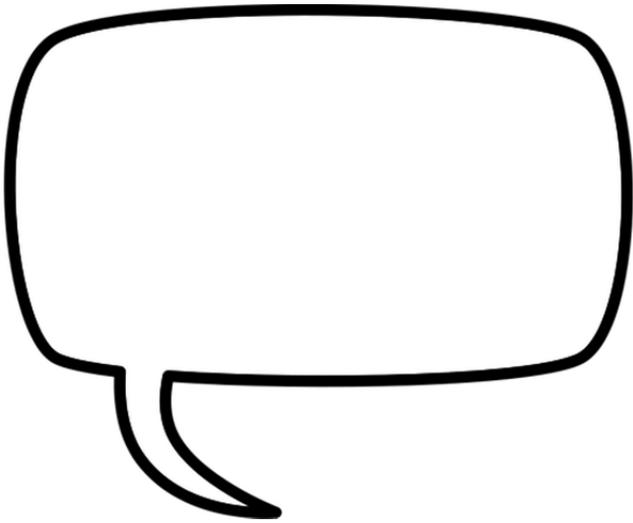
6. We're happy to have a chance to do all the stuff it is hard to make time for in regular life: hikes, terrariums or fairy gardens, homemade play-doh, homemade bubbles, Lego inventory, origami, game nights outside, small porch parties, gardens, dance parties. Lots of dance parties. And playgrounds may be closed but creeks aren't-- we're spending some time in a creek most days.

7. Challenge each kid to learn something new: chess, sewing, crochet, solitaire, cursive, how to write the name of everyone in the family. Older kids who are so inclined can have the chance to learn to code. Try [www.code.org](http://www.code.org) or [www.scratch.mit.edu](http://www.scratch.mit.edu). (This could be frustrating for kids under 4th grade, depending on their tendencies and history.)

8. Our family has invented a new cartoon character, the Coronawalrus, who dispenses COVID-19-related advice in the voice of motivational speaker Matt Foley (see SNL skit "Van Down by the River" to perfect it). Coronawalrus slogans at our house veer from useful to absurd. Invent your own slogans on the attached coloring page that you can cut out and give to your kid. See? That will kill at least 3 minutes.

9. If all else fails, or we just need twenty minutes for a Zoom call, we resort to our last trick: give them a pair of protective sunglasses and tell them to go hammer rocks in the driveway. Works for kids of any age, every time.

(Coloring Page on Page 7)



Coronawalrus says...



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move up to a  
new home!



**Michael Driver**  
RE/MAX of Greensboro  
336 222 MIKE

## **Yard Waste**

By Roger Bardsley

As we go to press, the city is no longer doing curbside yard waste pickup because of concerns about their workers handling material that may have been contaminated by COVID19. The city will, at no charge, accept yard waste at the White Street composting facility. As a side note, if you haven't seen their operation or the quality of compost they produce, it is worth a trip!

The point is, right now, please don't put your yard waste on the curb. It is unsightly, and we don't know how long it will be there.

And, if you have a pickup or trailer and want to be a good Samaritan, before you take your own yard waste to White street, ask if any of your neighbors want to add their stuff to the load. It is free to drop off and you might as well haul a full load.

**White Street Landfill, 2503 White St.**

## Our Neighborhood Comes To The Rescue of African Violets

By Roger Bardsley

Everybody knows about dog and cat rescues, and even some exotic pets. Rescuing can be rewarding, and I think it may even confer some social capital.

Lesser known are the Master Gardeners of Guilford County who regularly save plants that would otherwise be dug up or thrown away. They nurture donated plants until the Mother's Day sale at which thousands are sold to new owners at very reasonable prices. Unfortunately, this year the sale has been canceled because of the corona virus, but the sale has been an annual success story for many years.

This ethos can be distilled into one sentence – "Healthy plants do not need to die, they just need forever homes." Our next door neighbor, a nonagenarian, felt he could no longer care for his late wife's African Violets, so he put them in a bag and put them on his porch, where he normally puts his trash and recycling so I can move them to the city containers and then out to the street. When I took him his groceries I noticed the bag and asked him what was in it. He said they were African Violets, so I picked it and took it home to our resident Master Gardener.

Elaine watered and cleaned up the plants and put out a rescue notice on the ListServe (Googlegroup). Within a few hours all the Violets has been placed. One was even requested by a neighbor whose new baby's name is Violet. When Elaine told our neighbor he said he was relieved and would sleep better knowing his late wife's plants were safe.



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Sr Loan Officer  
NMLS ID# 485895  
danny.mccoy  
@mvbmortgage.com  
336.210.1343

**Eric Gillespie**  
Loan Officer  
NMLS ID# 1325664  
egillespie  
@mvbmortgage.com  
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# WORST SNOW DAY EVER

By Michael Driver

Lots of things have changed since the COVID-19 pandemic took over. Here in Sunset Hills, we're all experiencing new things right now due to our new reality. Our places of work have been shut down, and merely talking to people too closely can have grave consequences. It's a pandemic bordering on biblical proportions. Fortunately for my family, I've been training for this on my computer and my Playstation for years. Unfortunately, my training involved fighting zombies, not fighting grandmas for toilet paper.

Lots of things have changed - gas prices are at record lows but we can't go anywhere. The country is running out of jigsaw puzzles. The art of conversation is making a comeback at our house. We spent a good half-hour last night on a topic that the nation is probably discussing daily. Dr. Fauci - Hot or Not. We vote for "Hot." We've always said we wanted to spend more time with our families, and now we can. We're being forced to. Careful what you wish for, I guess.

Wife: "Can you stop that?"

Me: "Stop what?"

Wife: "That noise. Stop making that noise."

Me: "What noise?"

Wife: "That noise. It's annoying."

Me: "What, breathing?"

Wife: "Yes. It's so loud."

Me: "I need to do it to live."

Wife (long pause): "Well, OK, can you do it less?"

Since restaurants are closed, we're finding ourselves wanting things we would never want and wishing we could go places we would never go. My wife doesn't eat red meat but I caught her rewinding a Burger King commercial last night. And I'm pretty sure she was Google mapping the directions to one in Advance. And we're planning trips to places even though we know they are closed, just as an excuse to get out of the house. And we act disappointed when we get there. "Oh we drove thirty minutes to the park, and it's closed. Oh well. Let's head home!"



Evening constitutionals are coming back - we're going for a walk every night with our dog and we've not seen so many people out in all the years that we've lived here. It's great to see everyone out and about, but remember, if we cross to the other side of the street when we see you coming, it's not because we don't like you -- it's really just being careful. Seriously, it's social distancing. We like you. Really we do.

We can't go shop, so now we find ourselves scrolling through Target and Walmart websites and staying up until midnight to order online for pickup. We can literally go up to the front, they bring everything to us, and they put it in our car. No human interaction at all! I never thought I would ever get excited about buying anything from Walmart. And my wife is excited because she can change from her around-the-house sweatpants to her fancy, going-out sweatpants. She's only about a week from giving up entirely.

We're finding out that all those meetings we had at work really could have been just an email. I had an online meeting the other day so I ironed my shirt. Well, the front of it. Actually, just the collar and the shoulders. OK I hung it in the bathroom while I took a shower. I did shave for it, but didn't bother wearing pants. Business up top, party downstairs! Just remember if you're going to do this, don't stand up during a Zoom meeting. Or else

(Continued on Page 11)

(Continued from Page 10)

you'll be one of those viral videos going around Facebook entitled "Man Forgets to Turn Off Webcam, With Hilarious Results!"

Every company is releasing a statement about COVID-19 and how they are handling it. Every store I've ever been to has sent me a press release about how they are making changes to keep their shoppers safe. Pretty sure I don't need to know how Old Navy is making sure their stores are clean. Makes you wonder how germ-ridden all these stores are since they are suddenly cleaning them. Even stores I've never set foot in want me to know how they are making changes to keep us safe. I am pretty sure that Bath and Body Works doesn't need to worry about my health. They need to keep making that hand soap that smells like Girl Scout cookies. 'Course, my fingers have bite marks all over them now.

We're all going to have to adjust to our "new normal" and honestly, it may not go back to the way it was. Many businesses are realizing that their employees really can do the job from home. It's nice for me to be able to put on a t-shirt, jeans, and flip flops and go downstairs to go to work, but I miss wearing a bowtie a little bit. Ironing my shirt, making myself look "presentable," all of this was part of the habit of getting into the work mindset. I miss it. If you see me mowing my yard in a tux this weekend, just smile and wave. And take photos.

We need to be vigilant and follow CDC guidelines about social distancing and hand washing to get through this. So everyone be careful and stay safe out there and we'll see you when all this blows over.

## NEWSLETTER HELP Wanted

**We are prepared to start sharing our knowledge of how to do this newsletter. We keep hoping someone will come forth to take over some tasks. Marlene would deeply appreciate it. Carole is willing to continue formatting. She has her method well in hand.**

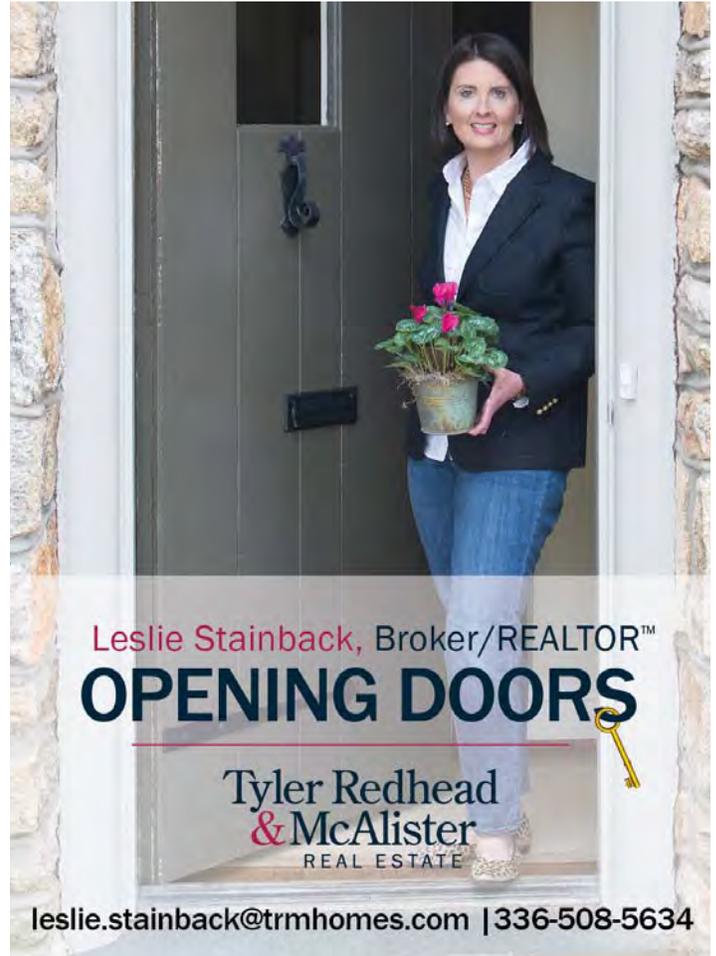
**If you are interested,... All you need is a computer .... Marlene and Carole are writing down the steps needed to do the newsletter in the hopes of getting some assistance in the production of this four times a year publication. Marlene needs someone (or some two) to take over her tasks. She has been at this over a decade. Everything will be explained to you and help is a phone call or mail message away. All you need is a computer, some basic software, email, and some time scattered over three weeks (sometimes longer depending on time of year) for each issue. The first two or three weeks are making a time schedule and sending out the call for ads and articles. Total time is not more than two hours, but in small amounts. More time is needed the third or fourth week, but more people working will lessen everyone's time. This is a good job for people who know each other and would enjoy working together.**

**Please come forth to help or take over. Want to know more? Send email to: [mrpsunset@gmail.com](mailto:mrpsunset@gmail.com).**





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## Proud to Call Sunset Hills Home

Contributed by Leslie Stainback

Anytime someone asks me the best neighborhood in Greensboro, I am always quick to answer: “Sunset Hills, hands down.” Historic homes with tons of character, some of the best restaurants in Greensboro within walking distance, little parks everywhere you look, shady sidewalks and friendly neighbors—all a short drive to downtown and Friendly Center. Nothing compares!

Sunset Hills isn’t just a neighborhood where I like to sell homes—it is my home! We have lived in Sunset Hills for over 25 years, and there is really no place like it in Greensboro. When we began house hunting as a young couple, ready to move out of our Sunset Hills Condominium into our first house, we looked all around Greensboro with none other than Sidonna Black. We found houses we loved, but the neighborhoods paled in comparison to Sunset Hills. We just couldn’t see ourselves anywhere else. When the perfect house came on the market on Madison Avenue, we felt like it was a sign that Sunset Hills is where we were meant to be—pink tub, toilet and all! This began a long history of living in houses in this neighborhood.

Mike, a residential real estate appraiser, and I are on our fourth home here. We know and understand older homes. We have lived on Madison twice, on West Greenway Drive South, and are now on West Market Street. We love to find a house that needs love and updates. We give it a new life and leave it better than we found it. Then we move on to the next house that needs our vision and love. I have always said, “I’ve never met a wall I feared moving or painting.” Mike and I are both passionate about historic homes and renovating them in a way that preserves the character while bringing them into this century. The renovation we did at 1719 Madison Avenue was recognized by Preservation Greensboro - we were humbled and surprised.

I have helped many friends and clients over the years buy and sell their homes in Sunset Hills. The one thing they all agree on is that there is not another neighborhood like this anywhere. There really is something special about Sunset Hills. Reader’s Digest got it right when they named our neighborhood one of the “Nicest Places to Live in America.” I get so excited when I get to introduce a new family to Sunset Hills and I have never sold a home for a family leaving the neighborhood that aren’t devastated to go. All of these people know the same thing Mike and I figured out all those years ago Sunset Hills and its neighbors really are the best and during this unprecedented time I appreciate my home and neighborhood more than ever.

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# Know Poison Ivy

By Cindy Ramsey

As many folks have been able to spend more time outside walking, exploring and doing yard work, one plant they may come across is Poison Ivy. This plant can often be found climbing trees but can grow just about anywhere. The oil on the leaves and the vine can cause many to have an allergic skin reaction that can be quite itchy and irritating. Poison Ivy can be easily identified as long as you remember a couple of its traits.

This is a great time to teach the members of your family what Poison Ivy looks like and go on a scavenger hunt in your yard and the park to find some (just remember to explore with eyes and not with hands). If exposure to Poison Ivy does happen, take a shower with soap within 4-6 hours and wash all clothes and the likelihood of a rash dramatically decreases.

One trait I try and remember are “leaves of three let it be”. Leaf clusters are in patterns of three. Two of the leaves look like mittens with one leaf in the middle. In the winter, leaves on Poison Ivy drop like many other deciduous plants, so knowing other features is also important. “If it’s hairy-it’s scary”. The vine on mature Poison Ivy is quite hairy and reddish in color. If you see a hairy vine on a tree, it’s best to assume it is Poison Ivy. One other trait I like to remember is that it lacks thorns and prickles. There are many native plants that look similar to Poison Ivy, like Blackberry, but have prickles.



Photo from Web Md



Photo from [www.poison-ivy.org](http://www.poison-ivy.org)



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Photo of Blackberry below from shutterstock

# Food Insecurity and Covid-19

By Gardner Sheffield

I work for Second Harvest Food Bank of Northwest NC and would like to share my perspective about food insecurity during this Covid-19 crisis. We serve Partner Agencies that operate over 400 food pantries and feeding sites across 18 counties from Boone to Burlington. In recent weeks, the increase in the number of families seeking food assistance is alarming. Many of our partner agencies are reporting increases of 300% to 500% more than their usual activities.



Normally, we would be asking people to donate cash to support our efforts, as our collective buying power and our relationships with grocery retailers and food manufacturers provide us with the capability to provide seven meals for every dollar we receive in funding. However, in this time the surge in panic buying and hoarding has depleted the supply chain. Retail grocers have managed through the hoarding, but because people are not visiting restaurants their sales volume is up 30% or more versus pre the Covid-19 outbreak. This is resulting in fewer product donations from grocers to our partner agencies. This is putting a damper on the food pantries' ability to serve people in need. Yes, giving money to relief agencies is good, but right now what they really need is non-perishable shelf stable food. Rice, pasta, canned vegetables, canned fruit, canned meats, and soup are what is needed most.

If you are concerned about having contact with other people when you make a food donation, A Simple Gesture is an organization that will pick up donations that you can leave outside your front door. <https://asimplegesturego.org>

There are some good developments that will assist us in our efforts going forward. Jeff Bezos donated \$1 billion to our parent organization Feeding America and their 200 Food Banks nationally to assist in this effort. We will receive in excess of half a million dollars to assist us, and our partner agencies. Several other corporations in the food industry are stepping up and making cash donations, as well as food donations when the supplies are available.

## **My thoughts on food safety:**

If you are concerned about safety of fresh fruits and vegetables, rest assured that these items are ok if you take the proper precautions. I would recommend thoroughly washing fresh fruits and vegetables in water only before consuming them, as you should always do. I would also recommend that you wash your hands thoroughly after washing your produce before you handle produce for food preparation. Covid-19 is not a food borne illness and you shouldn't be concerned about eating food. Covid-19 is transmitted through contact with our facial orifices, particularly our noses, mouth and eyes. It is very challenging for me to not touch my face. For more safety tips on fresh produce, check the following web page <https://www.latimes.com/food/story/2020-03-16/how-to-wash-fresh-vegetables-fruits-during-coronavirus-crisis>

## **My thoughts on the food supply chain:**

Produce is plentiful and will continue to be. The local and regional growing seasons are starting up and will increase significantly in the coming weeks. One of the challenges for this industry is how to redirect and reinvent product from food service to families with family friendly size packaging.

The challenge is even bigger for animal protein producers. Many of the production facilities are dedicated to food service packaging, which comes in very large packages and lacks the required nutritional labeling. They are working diligently to retool and make those changes. Shelf stable items remain in short supply at retail. The major manufacturers have streamlined the number of items they are producing so they can operate more efficiently. The pinch point right now is in transportation and logistics as distribution centers are backed up and limited dock space, due to so many inbound and outbound loads. This is slowly starting to improve, but it will take some time.

We are working diligently to purchase large amounts of food on the wholesale market to support our partner agencies. Items that normally have a two or three week fulfillment time are now 8-10 weeks out. Recent funds from Congress to purchase additional food supplies to support food banks nationally is in the pipeline, but we are hearing that those purchases are 12 to 16 weeks out.

The need for food assistance is going to be great for quite awhile. Please do what you can do to help now, and in the coming weeks and months. If you wish to support us at Second Harvest Food Bank with financial donations, here is the link <https://www.secondharvestnwc.org/donate> .

My thoughts on the food supply chain: produce is plentiful and will continue to be. The local and regional growing seasons are starting up and will increase significantly in the coming weeks. One of the challenges for this industry is how to redirect and reinvent product from food service to families with family friendly size packaging. The challenge is even bigger for animal protein producers. Many of the production facilities are dedicated to food service packaging, which comes in very large packages and lacks the required nutritional labeling. They are working diligently to retool and make those changes. Shelf stable items remain in short supply at retail. The major manufacturers have streamlined the number of items they are producing so they can operate more efficiently. The pinch point right now is in transportation and logistics as distribution centers are backed up and limited dock space, due to so many inbound and outbound loads. This is slowly starting to improve, but it will take some time.

The need for food is immediate and will be ongoing.

Thank you for what you can do to help all of us get through this crisis.

Gardner





## Highlights from the Sunset Hills Neighborhood Association Minutes March 10, 2020

Members present:

Scott Michaels- President, Elaine Brune- Treasurer and newsletter, Michael Pendergraft- representative neighborhood congress, Randal Romie- neighbor to submit proposal, Gerry Alfano- Neighborhood congress, Transportation, Mary Schwarz- Neighborhood watch, Cindy Ramsay- Secretary, Adam Graham-Squire- Listserv Coordinator, Erin Reiss- Environmental, Sarah Purcell- Social co chair

1) Social Chair volunteers: Sarah Purcell- Leah McCoy have graciously volunteered to be social chairs. Erin Reiss has graciously volunteered to be the environmental affairs chair. Both the Social Chairs and Environmental Affairs Chair were voted in unanimously.

2) Elaine Brune gave the Treasurer Report. See the report on page 26.

3) Randal Romie's proposed to contact a person he knows at Duke Energy to see about installing an outlet box on the park south of Market St. Once we hear from Duke the board will discuss the process of approval with the city parks and rec.

a. Since Neighborwoods two years ago, roughly 40-50 large oak trees have come down. Many of the large canopy trees are reaching 100 years old and for many of those trees, that is their lifespan with the growing community around them.

b. There is a need to reforest Sunset Hills. Greensboro Beautiful cannot come back and subsidize the planting of more trees, so the Neighborhood Association needs to take charge on this issue.

c. Christina Larson at Guilford Garden Center and a team of others are willing to help source native trees and assist with the planting logistics.

d. Motion to offer up to \$100 per tree to residents who would like to replace and/or plant new to cover the cost of the tree and planting. The Limit of expenses the first year (2020) will be \$4,000. Each resident who would like a tree will need to complete an application and pay an application fee of \$25.

e. The Board will revisit this project at the end of 2020 to discuss it's success and how to move forward.

4) Community Meetings and Board Meetings: Meeting schedule will be as follows:

Community meetings March and October

Board meetings Feb, May, Aug Nov

5) Cindy agreed to get current pricing and timeline to complete the replacement bench project. The benches at East Greenway and Madison and Rolling and W Greenway need to be replaced.

6) Transportation update

It has been 3 years since the accident at W Greenway and Friendly, it is on the list for flashing lights. Gerry will try and gather people in neighborhood to get movement in road safety. She needs help to get ball rolling to meet with Nancy Hoffman. Redo intersection of Berkley and Chapman. Working with bicycling Greensboro to find help on common goals. Projects tend to take a long time with DOT.

A motion was passed to add sign toppers to 10-12 street signs in the neighborhood. The cost will be \$2,000 max (around 10 signs at \$160 each)

Newsletter ideas: Feature a Board member, historical information on houses, announcement of newly filled board positions, announcement of Easter Egg hunt .



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3723 West Market St, Unit B  
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## Hello Neighbors

Here are some things sent from our CRO, Officer Williams, today.

The Guilford County Family Justice Center is still available for seniors and others needing a variety of help during this time.

Here is more info regarding common scams that increase during isolation.: <https://www.guilfordcountync.gov/our-county/family-justice-center/about-the-fjc>

Officer Williams reports an uptick in thefts from autos. Sunset Hills was not one, but we have certainly had our share of items being stolen from cars, especially unlocked cars.

Please share this information with your family, friends, and neighbors, especially if they are vulnerable to scammers.

Also, I'd like to thank David Hammer ([davidhammer1@gmail.com](mailto:davidhammer1@gmail.com)) and Ferdinand Stout ([ridgeway1031@hotmail.com](mailto:ridgeway1031@hotmail.com)) who have volunteered to help with the Community Advisory Council meetings. When we get back to having the meetings, the three of us will be taking turns attending and then sending out the notes to this listserv.

Thanks,  
Mary Schwarz

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MASSAGE



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# Scott Michaels



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Neighborhood Realtor

**Allen Tate Realtors**



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In these difficult times, a healthy and comfortable home is as important as ever!

We can lower your utility bills and improve your indoor air quality so you and your family can enjoy greater comfort in your home.

Go ahead and call us to start the conversation and learn how we can improve your home. Summer heat is around the corner so let's talk soon... from a distance!



Thermal image shows heat entering from the attic stairs.

One of our custom insulated and sealed lids for attic stairs.



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# GOOD DEEDS

**Adopt a Healthcare Professional!**



**Thank them for their helping hands** ❤️



Thank the medical community for their helping hands during Covid19 ❤️

For every Satin Hands Set you purchase for \$36, I will match!

\* 100% of profit from each sale is donated into purchasing more Satin Hands Sets for our local medical professionals.

**Purchase 1 Set for \$36.....2 Sets are given!**  
**Purchase 2 Sets for \$72....4 Sets are given!**  
**Purchase 5 Sets for \$180...10 Sets are given!**  
**Purchase 10 Sets for \$360...20 Sets are given!**

**Help those who are helping others.**




**MARY KAY INC. TO PRODUCE AND DONATE HAND SANITIZER!**

THE WORLD ASKED FOR HELP...IN TRUE MARY KAY FASHION, WE'VE STEPPED UP TO ANSWER THE CALL!

Earlier this week, government officials reached out to Mary Kay about producing hand sanitizer. Mary Kay's response? **ABSOLUTELY WE WILL!**

Mary Kay Inc. is working closely with the Baylor Scott & White Dallas Foundation to donate the hand sanitizer products. Baylor Scott & White is the largest not-for-profit healthcare system in Texas and one of the largest in the United States, and includes 50 hospitals, more than 800 patient care sites, and 7,500 active physicians.

We are all in this together and so happy to be able to step up to help. All while still providing great products to our customers.

Mary Kay, Inc. has targeted production to begin April 1 and distribution to begin April 3. The first batch of hand sanitizer products will immediately go to the front lines.

**BOSS**

**Double Oaks** is a 6-room inn and event venue located in a landmark Colonial Revival style mansion built in 1905. Aside from being a full-service bed and breakfast with an in-house bar, we are available for event rentals, and also open our doors to the public for many events throughout the year, including live music, beer/wine dinners, fundraisers, and more. Our biweekly Wine Wednesdays include wine tastings, food offerings by our house chef, and live jazz.

Because of the Covid19 restrictions, Double Oaks had to cancel or postpone several events this spring. However, we are offering weekly Wine Wednesdays To Go, where you can order pizzas, beer, wine, and cigars for pick-up. Any tips we receive are being donated to local musicians who make our Wine Wednesdays so Vibrant. In coming weeks, we plan to add Saturday brunch to go with mimosa kits. We are happy to take special orders for beer or wine at any time. And, you can always purchase gift certificates for future overnight stays or event tickets. Check out our website - [www.double-oaks.com](http://www.double-oaks.com) - or email us at [stay@double-oaks.com](mailto:stay@double-oaks.com) to purchase.

Double Oaks is a neighborhood business to its core, and we appreciate the support from our community now and always.



**DOUBLE OAKS**

*Contact Us*

204 North Mendenhall St.  
 Greensboro, NC 27401  
 336.763.9821  
[stay@double-oaks.com](mailto:stay@double-oaks.com)

**DGI (Downtown Greensboro Incorporated) set up a go fund me to provide 100 meals/day for hospital workers. The meals will be ordered from downtown restaurants.**

**Submitted by Cathy Cochran**

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The appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives.  
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## Children's Activity By Cindy Ramsey

Many parents have had to get creative with remote learning and homeschooling. Here is an activity children of any age can do.

### Water Inside Living Organisms

1. Go on a walk and collect leaves and flowers (be sure Poison Ivy is not one).
2. Make a hypothesis or guess of "what will happen if the collected specimens get squished."
3. Write down any observations about the plant. These will be 'I notice statements'. "Is it waxy?" "Does it smell?" "What color is it?"
4. Take two pieces of notebook paper and put the leaves and flowers inside the two pieces.
5. Crush the specimens by hammering the paper.
6. Peel away the top paper and take more observations. "Did anything come out of the plant?" "Does it now have a smell?" "Did one plant react differently than another?"

## Time for a Time Capsule

By Sarah Purcell

Here we are weeks into quarantine during a global pandemic, and I, like many families out there with children at home will take any new family activity with intrigue and delight. And that is why when my cousin forwarded me this free time capsule I was definitely intrigued.

The My 2020 COVID-19 Time Capsule created by Long Creations has been making its round on many social media platforms and major news sources have highlighted it as well. This time capsule is a way to simply document your family's experience during the pandemic, which will one day be deemed historical in nature and hopefully not an annual event. Simply print the PDF document and complete the activity pages and don't forget to include personal artifacts like pictures, toy, etc. I personally have enjoyed the page on documenting special occasions during this time like my son's 6th birthday and Easter celebrations.

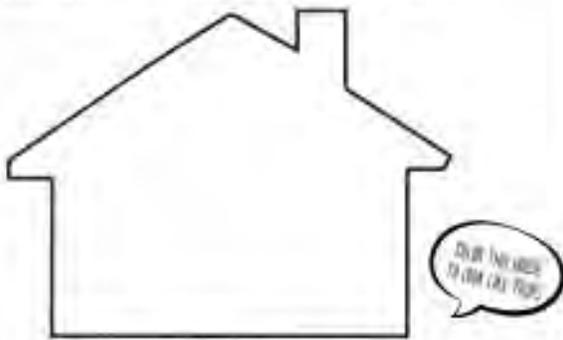
Not only has this provided a family activity in quarantine but has helped us put our own personal mark on history as well. The full time capsule pages can be found here: [https://res.cloudinary.com/letsembark/image/upload/v1586199555/2020-Covid-19-Time-Capsule-US\\_o7igbf.pdf](https://res.cloudinary.com/letsembark/image/upload/v1586199555/2020-Covid-19-Time-Capsule-US_o7igbf.pdf)

# MY 2020 COVID-19 TIME CAPSULE



BY: \_\_\_\_\_

## MY COMMUNITY



WHERE I AM LIVING DURING THIS TIME



WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED WITH YOUR COMMUNITY (e.g. WATCHING TV, VISITING FRIENDS, COOKING TOGETHER, ETC.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

HOW ARE YOU CONNECTING WITH OTHERS?



YOU ARE NOT STUCK AT HOME,  
YOU ARE SAFE AT HOME!

WHAT I AM DOING  
TO KEEP BUSY



## Research at UNCG

wondering why? Have you felt the need to write often? Have you forgotten where you've put your keys? Do you experience frequent memory lapses and challenges that we have all

experienced more severe forms of memory loss. Has your mother or father forgotten names of family members or familiar objects? Has your father not worn glasses at all? If your parent or other relative has been diagnosed with dementia, Alzheimer's disease is the most common form of dementia. Alzheimer's begins with mild memory loss and difficulty communicating clearly and to interact appropriately with family members. If a family member has been diagnosed with Alzheimer's disease due to your family history and may be interested in participating in a study, you have the potential to counter that risk.

Dr. Etnier and her team are working hard to help us understand how physical activity may benefit people with a family history of Alzheimer's disease. In 2018, she published findings from a study called Physical Activity and Alzheimer's Disease (PAAD). In that study, she recruited 54 individuals (50-65 years old) who were generally healthy, but who exercised less than 150 min/week and who had a family history of Alzheimer's disease. These volunteers exercised for three days/week for 8 months using the PAAD exercise protocol. At the end of the 8 months, Dr. Etnier observed memory improvements thought to be associated with the exercise program. These exciting findings suggest the possibility that exercise might provide a level of protection against the typical losses in memory expected in those with a family history of Alzheimer's. These promising results led to the genesis of PAAD-2 which is currently recruiting volunteers from Alamance, Davidson, Forsyth, Guilford, Randolph, and Rockingham counties.

PAAD-2 is actively seeking younger and older adults (40-65 years old) who exercise less than 150 min/week and have a family history of Alzheimer's disease to participate. The goal of the study is to contribute to our understanding of the potential of exercise as a means of lowering one's risk of Alzheimer's disease. In this study, researchers take a saliva sample to determine genetic risk for Alzheimer's disease, measure thinking abilities including memory, and take images of the brain and blood samples at three time points.

Volunteers are randomly assigned to exercise using the PAAD exercise protocol for 1 year or to maintain their normal behavior for 1 year and then receive a short-term YMCA membership at their local YMCA. Dr. Etnier and the PAAD2 research team are excited to be conducting a study designed to reveal the potential of exercise for countering familial and genetic risk for Alzheimer's disease.

To learn more about PAAD-2, please visit our website at [go.uncg.edu/paad2](http://go.uncg.edu/paad2) or like us at



**Nash loves to stay at home.**  
 by Terry Rader (arts writer for Yes! Weekly)

This past December when Billie and Bryan Toney decided they were ready to get a dog again, they knew they wanted a medium-sized rescue, but they didn't have any certain breed in mind. When they arrived at Guilford County Animal Shelter, they were greeted by what seemed to be tons of barking dogs. Bryan said that when he and Billie walked past a 9 month-old dog named Ferdinand, he was the only one who didn't bark at them, and he was just the right size. They liked how this dog took a chill approach when they



stopped to pet him and asked to take him outside. Then they took him home the next day and renamed him Nash, short for Nashville, because he is part Treeing Tennessee Brindle. Nash lucked up on the best Christmas ever, especially after only being at the shelter for a week. Nash was house-trained from day one and they never crated him. Bryan said he was a very smart dog who knew the rules and basic commands. They learned that he would get a little anxious at first when he was left alone (through an Internet camera), but he began to settle down pretty quickly at home. He still barks at other dogs while walking on leash, but that is getting better every day. Bryan said they wanted to give him time to get used to his new life as he had read that

rescued dogs usually need 3 months to adapt. Every time Nash goes out in his fenced back yard, he runs around in circles about 10 times at high speed in sheer joy! Nash curls up in his bed by their bed every night, and loves being on the couch, and when he curled up on the hearth at his first fire in the fireplace, he really found his spot. Nash is now a star in his photo by the fire on his Dad's YouTube video of a new song "Stay at Home" based on the Henry Wadsworth Longfellow poem "Song" ([www.youtube.com/watch?v=-msnpHgWf\\_E](http://www.youtube.com/watch?v=-msnpHgWf_E)). Bryan Toney is a performing, recorded singer-songwriter who did his first live-streamed Facebook show on his Camden Avenue front porch with Tim Fogarty on March 27. You can view the porch performance at [www.facebook.com/bryantoneymusic](http://www.facebook.com/bryantoneymusic). Thank you for rescuing dogs and supporting your local musicians!

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**Please adopt rescues and grow your family with love!**

I am missing my dog and cat families in Sunset Hills and I am hoping you and your fur babies are all staying safe and doing well. I'll look forward to our happy reunions when you can travel again!

Rescues, seniors, special-needs pets are my specialty (15 years)  
 Mature, professional friendly service overnights (day visits for cats)



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## Hi Neighbors!

My name is Azalea Yow, and I live on Camden Rd with my husband Joseph Edwards, our daughter Sophie, and our dog Frenchie.

I have owned and operated Emerge Skin Therapy located downtown for 10 years. (We're in the process of relocating to the State Street area in June.)

Since being ordered to close our current location, I am learning to fully trust the process and continue creating something new and beautiful for my community. Our new location will truly provide a safe space for relaxation and healing from skin to soul and I'd love to invite you into that space.

We offer specialized care for aging skin, acne or blemish-prone skin, those undergoing cancer treatments and those who want to be proactive with a holistic approach to wellness starting with their skin.

I'd appreciate your support of my business during this trying time and I created a very special offer to share with you: A \$120 gift card for only \$100. (See our ad)

It might be nice to know you have a facial or other relaxing self-care services like massage or reiki to look forward to. It also makes a great Mother's Day gift!

### NEIGHBORHOOD SPECIAL: *\$120 gift card for just \$100.*



After everything we've all been through recently, it's time for some self love and care.

Our professional skin salon offers soothing and healing skincare services for all ages. We're also certified in acne and oncology skin therapy. **Order your gift certificate at [EmergeSkinTherapy.com](https://www.EmergeSkinTherapy.com)** (click the gift certificate link and once on the order page, choose "services" then current monthly specials.)

•Oncology facials •LED light treatments •Advanced pro-aging facials  
•Hands-free reiki facials & healing sessions •Acne treatment and care



# April 2020 Treasurer Report - Membership List

By Elaine Brune

Haven't paid your dues yet? My envelope I created did get more dues in. I enjoyed seeing them in my mail! Some people even expressed their thanks for giving them a project. So if you haven't sent in your 2020 dues it is not too late. Pull out February's newsletter and try to make the envelope and send a check made out to SHNA for \$10.00 to me, Elaine Brune, 2504 Sylvan Road or you can pay using PayPal. The link is found on our website under Calendar and again under Email Listserv. <http://www.sunsethillsneighborhood.org/calendar.html>.

For households with multiple last names or if you want your name listed differently than on the check, please let me know. Any questions or comments, email me at [sunsethillsgrsonc@gmail.com](mailto:sunsethillsgrsonc@gmail.com) or call 336 601 5719.

Dues are \$10. Our fiscal year is January to December, and dues are for the current year only. Any additional amount is considered a contribution.

Membership entitles you to use the listserv, a wonderful way to stay in touch with the neighborhood, ask for help, sell/give away stuff, get vendor recommendations from your neighbors, and help reunite the occasional lost dog/cat/bird/keys with its frantic owner. Dues are also used to pay for this newsletter, social events in the neighborhood, and special projects needed to keep our neighborhood a great community.

As of April 10 we have 244 paid households. Thanks to everyone listed below for their dues. Names that are in bold and \* also made a donation. Thanks to all of you. And welcome new members.

## 2020 Members (Bold and marked with \* indicate donations above the membership dues.)

David & Stephanie Adams  
**Lennie Averna & Mark Albers \***  
Lonnie & Susan Albright  
Jack & Mia Alsop  
Ellen Ammirato  
Dominick & Vicki Amendum  
**Jennifer Jones & Jon Anderson\***  
Spencer & Susan Andrews  
Bob & Betty Arms  
**Robert & Patricia Arnett\***  
Karen Hill & Don Atkinson  
Diane Aycock  
Erick & Kym Bain  
**Lee & Denise Baker\***  
**Elaine Brune & Roger Bardsley\***  
**Vance & June Barron\***  
Beverly Gass & Anthony Bartholomew  
Bryan & Annetta Bartle  
Carl & Linda Bass  
Mariche & Holli Bayonas  
**Sarah Beale\***  
Jerry & Ashley Beavers  
**John & Charlotte Bernard\***  
**Reto & Emmy Biaggi\***  
**Sidonna Black\***  
**Tom & Brittany Blue\***  
John & Mary Ellen Boelhower  
**Philip & Brenda Bowman\***  
Chris & Beth Bristol  
David & Ellanore Brauneis  
**Lee & Betsy Brodeur\***  
Joseph & Katharine Brower  
Julie Brown  
Nick & Ronni Brownlee  
Jamey Presson & Phil Bullington\*  
Kip Corrington & Marin Burton  
**Chris & Mary Anne Busch\***  
**Terry Carey\***  
**Cynthia Carrington\***  
**Mark & Tracie Catlett\***  
**Brigitte Chauvigne\***  
**George Cheek\***  
**David and Kristi Ciener\***  
Reeves & Elton Click  
Chip & Sarah Cook

Catherine Crowder  
**Dava Cox\***  
John & Izzy Coyne  
**Elizabeth Brennan & Bill Cummings\***  
**Bradley & Margaret Davis\***  
**Robert & Kathy Davis\***  
Todd & Karen Deal  
Anthony & Camille DeBoard  
**Susy Wrenn & Rodney DeBusk\***  
**Joey & Mary Katherine Dunham\***  
LuAnn Durham  
Ted & Sherri Edgar  
**Joseph & Azalea Edwards\***  
Ann Loftis & Stephanie Edwards  
David & Robin Elder  
James & Patricia Elder  
**Kathi Ellis\***  
**John & Linda Englar\***  
James Ennis  
**Linda Erickson\***  
Jim & Helen Farson  
**Jim & Marnie Fenley\***  
Timothy & Melissa Fleming  
**Brandon & Ashton Garcia\***  
Jack & Annette Garvey  
Lee Zacharias & Michael Gaspeny  
James & Susan Gentry  
John & Brenda Glenn  
Daniel & Stephanie Goodrich  
Anne Beatty & Adam Graham-Squire  
**Elaine Talbert & Ken Gruber\***  
Lynne Haeseler  
Roger & Kristi Haight  
**David & Terri Hammer\***  
**Al Chilcott & Janis Hammett\***  
Matthew & Terri Harbin  
Scott & Jane Harkey  
**Bob & Sherry Harris\***  
Bill & Sarah Harrison  
Robert & Elizabeth Hassard  
**Jeffery & Linda Hayes\***  
**Scott & Jennifer Hazzard\***  
**Alice Haddy & Ed Hellen\***  
Susan Hensley  
Dason & Heather Hill

**Roddy & Kim Hilton\***  
Bob & Mary Kate Holden  
Bonnie Holland  
Troy & Sarah Hopkins  
Anne Harvey & Chris Horney  
**Forrest Howard\***  
**Anthony & Stephanie Hudnell\***  
**Neil & Margaret Huffman\***  
Ashley Hyers  
Luke & Ginny Inman  
**Dave Goltare & Maggie Jeffus\***  
**Jennifer Rogers & Michael Job\***  
Larry & Susan Johnston  
Bobby Jones  
**Todd Jones\***  
Elisabeth Wert & Henry Clay Journey  
Rachel Kaplan  
Kevin & Kristine Kattmann  
Brian & Annie Kendrick  
**Rhonda Morton & James Kernodle\***  
**Paul & Janet Kershaw\***  
Candace Lambeth Kime  
Jim & Cathy Kimel  
Dianne King  
Reid King  
**Tom & Noel Kirby-Smith\***  
Chris & Amy Kirkman  
**Leesa & Chris Knapp\***  
Daniel & Jennifer Koenig  
Eric & Greyson Kuhn  
Pete & Kathleen LaMuraglia  
Derrick & Anne Lankford  
Katherine Lautermilch  
**Gary & Jane Law\***  
Larry & Rene Lawrence  
David Leik  
**Emarita Leitner\***  
Buster & Lisa Lewis  
Rebekah Lee & Eleanor Link  
Beth Livingston  
**Todd & Lynn Lohrenz\***  
**Ronald & Kathryn Mack\***  
**Craig & Lyn Mankoff\***  
Marcia Mohny & John Martin  
Tom & Kathy Martinek\*

**John & Patricia Martinez\***  
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**Steven Willis & Scott Michaels\***  
 Jane Mitchell  
 Dan & Joy Moore  
 Reed & Verna Morgan  
 Sloane Moretz  
 Christopher Moser  
 Michael & Jenny Munro  
 Bob & Evelyn Nadler  
**Gayle Nantz\***  
 Ron & Mona Neal  
**Teri Nelson\***  
 Buzz & Martha Newland  
 Todd & Emily Nunn  
**Sinead O'Doherty\***  
 Larry & Susan Osborne  
 Rev Chesley Kennedy & John Overfield  
 Barbara Parret  
**Philip Pearman\***  
 Michael & Mary Pendergraft  
 Jerry & Deborah Pifer  
 David & Donna Plyler  
 Carole and Chip Potter  
 Robert Powell  
 Kevin & Eileen Pruffer  
**Marlene Pratto\***  
 Burke & Cindy Ramsay  
 Lenox Rawlings

Kipp & Larry Ray  
 Bradford & Anne Reaves  
 Linda Hiatt & Peter Reichard  
 Dan & Erin Reis  
 Virgil & Caroline Renfroe  
 Loyd & Libby Rich  
 John & Susan Riley  
 Sharon Weber & Michael Roberto  
 Marlene Talley & Edward Robinson  
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 William & Elizabeth Sartore  
 Ray & Mary Schwarz  
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**Gardner Sheffield\***  
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 Rob & Cynthia Slater  
 Susan Slocum  
**Joe & Barbara Small\***  
 Ron & Victoria Small  
 Elizabeth McMurray & Cordon Smart  
 Emily Hass & Andrew Smith  
 Jonathan & Anne Smith  
**Mark & Lynn Smith\***  
 Michael & Deborah Smith  
 Jane Younts & Wayne Smith  
 Joseph & Michelle Solèr  
**Jonathan & Vickie Sparrow\***  
 Michiko Stavert\*

Janet Lilly & James Steele  
**Jim & Janet Stenersen\***  
 Richard & Martha Stepnowski  
 Kevin & Anita Stevens  
 Drayton & Jane Stott  
**Ferdinand Stout\***  
 Bob & Jo Strack  
**Scott & Jackie Tanseer\***  
 Ben & Marissa Tario  
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 Craig & Anna Taylor  
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 Paul & Robin Timmins  
**Gerry Alfano & Merrill Tisdell\***  
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 Gloria Turlington  
 Randall & Lisa Underwood\*  
**Chris & Brooke Wagner\***  
**Tom & Mel Waldron\***  
**Anne Wallace\***  
**Paul & Judy Walmsley\***  
**Stephen Ware\***  
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 Tricia Webb  
**Darrel & Cindy Wells\***  
 Susan Wells  
 Christine Morris & Jeffery West  
 Phyllis White  
 Jeff & Becca Whitworth  
 Mark & Valerie Wilkerson  
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## Come join the fun!

### Friendly Park Swim & Tennis offers:

- Conveniently located on beautiful, shady grounds
- Reasonable membership rates and payment options
- Home of the Friendly Frogs Swim Team
- Free group swim lessons
- Synchronized Swim Team
- Tennis clinics and tennis league
- Soccer, lawn sports & basketball facilities
- Year-round social events
- Snack bar and free high speed wi-fi

## Friendly Park Swim & Tennis

**2215 Mimosa Drive**

**Greensboro NC 27403**

**<http://FriendlyPark.com>**

For membership information or to schedule a tour, contact Holly Ballenger or Kate Wahlberg at [membershipfpi@gmail.com](mailto:membershipfpi@gmail.com)

# WHAT IS MY SUNSET HILLS HOME WORTH?

**Visit**

**[www.SunsetHillsHouseValue.com](http://www.SunsetHillsHouseValue.com)**

## RECENT SUNSET HILLS HOME SALES:

Address	Beds	Baths	List \$	Sale \$	Sale Date	DOM	Sq.Ft.
2119 Wright Ave	4	2	\$325,000	\$335,000	10/18/2019	2	2,293
2003 Walker Ave	3	1	\$209,900	\$209,900	10/28/2019	23	1,171
205 S Chapman St	4	3	\$419,000	\$399,000	10/29/2019	89	3,019
2013 Wright Ave	3	2	\$249,000	\$258,250	10/31/2019	1	1,320
311 N Tremont Dr	4	3	\$339,900	\$335,000	11/08/2019	45	2,150
1903 Rolling Rd	4	3	\$485,000	\$478,000	12/11/2019	2	2,887
1713 Burton Rd	2	1 full, 2 half	\$92,500	\$87,500	12/23/2019	34	1,157
1820 Villa Dr	2	1	\$69,000	\$69,000	1/16/2020	7	675
1710 Market St	4	3	\$504,900	\$503,000	1/23/2020	47	2,950
304 N Tremont Dr	3	2	\$299,000	\$305,000	1/31/2020	3	1,596
2406 Sylvan Rd	3	2	\$374,900	\$365,000	2/07/2020	28	2,098
1719 Madison Ave	4	3	\$539,000	\$529,000	2/07/2020	1	2,814
309 N Elam Ave	4	2	\$310,000	\$295,000	2/13/2020	14	2,015
319 S Chapman St	4	2	\$385,000	\$395,000	3/11/2020	4	2,074
1821 Villa Dr	2	1	\$79,900	\$82,500	3/26/2020	4	675
407 S Chapman St	3	2	\$289,900	\$290,000	3/26/2020	1	1,647
209 Mayflower Dr	4	3.5	\$525,000	\$485,000	3/27/2020	77	3,380
2505 Camden Rd	4	2	\$435,000	\$425,000	4/09/2020	198	2,520
208 N Elam Ave	4	3	\$299,900	\$299,900	4/14/2020	2	2,312,



## ANDY LEUNG

336-508-1111

**[moreinfo@teamleung.com](mailto:moreinfo@teamleung.com)**

[www.GreensboroAreaHomes.com](http://www.GreensboroAreaHomes.com)

