

Sunset Hills September 2017 Greensboro, North Carolina

Annual Neighborhood Events

January February March April Easter Egg Hunt Great American Clean-up Mav Annual Pig Picking June Iulv July 4th Parade and Picnic August National Night Out September **Big Sweep Event** October Neighborhood Meeting Halloween Party in the Park November Lighted Christmas Ball Workshop December Lighted Christmas Balls Food Drive, Running of the Balls

Meetings

Sunset Hills Neighborhood Association Meeting Date: Thursday, September 28, 2017 Time: 7:00 PM Location: First Christian Church, 1900 West Market St. Topic: Traffic Safety in Sunset Hills Guests: Nancy Hoffmann, District 4 City Council representative, Adam Fischer, Greensboro Department of Transportation Director, David Parrish, Assistant City Manager.

Neighborwoods Meeting - October 5, a community meeting will be held at 5:30 – 6:30PM at the First Christian Church, 1900 W. Market Street in the fellowship room in the basement.

Lighted Christmas Ball Workshop - Sunday before Thanksgiving, November 19, weather permitting. Rain date is usually the Sunday after Thanksgiving. Keep an eye on the listserv for more information closer to the date.

Sunset Hills Neighborhood Association Board of Directors

Co- Presidents

Joann Strack Carl Phillips joannstrack@gmail.com cwpjr5524@aol.com

Vice-President

Secretary Kerry Meyers

kerry.meyers@gmail.com

Treasurer

Elaine Brunesunsethillsgsonc@gmail.comMail dues to:2504 Sylvan Rd.

Neighborhood Watch

Mary Schwarz720marybeth@gmail.comScott Michaelsscottmichaels100@gmail.com

Neighborhood Watch / Block Captain Coordinator

Elaine Brune (South of Market) sunsethillsgsonc@ gmail.com Jerry Pifer (North of Market) jpifer@earthlink.com

Transportation Committee Chair

Gerry Alfano mtisdel@att.net 272-3512

Social Events

Lauren Davidsonlaurendavidson1@gmail.comBrittany Semonesbsemones@gmail.com

Event Coordinators

Easter Egg Hunt - Open Fourth of July -Jane and Scott Harkey scott@windshieldglass.com Halloween in the park -Michael Driver michael@yourhometriad.com Annual Pig Pickin -Gary Rogers grgrlr@mindspring.com

Environmental Affairs - OPEN

Garden Club Representative Beverly Gass Beverleygass@gmail.com

Web site coordinator Robin Timmins timmins203@gmail.com

Listserv coordinator

Carl Phillips cwpjr5524@aol.com

2 Sunset Hills

http://www.sunsethillsneighborhood.org

Historian

Troy Hopkins

troy.hopkins@lfg.com

Newsletter Team

Elaine Brune and	bardsley-brune@triad.rr.com
Roger Bardsley	378-1990
Lauren Davidson	laurendavidson1@gmail.com
Carlee Dempsey	dempseyc18@gmail.com
Carl Phillips	cwpjr5524@aol.com
Carole Potter	cllindse@gmail.com
Marlene Pratto	mrpsunset@gmail.com
Robin Timmins	timmins203@gmail.com

Representative to the Neighborhood Congress Mike Pendergraft, Gerry Alfano

Sources of Neighborhood Information

The Sunset Hills Neighborhood Association has a website, Facebook page, and a listserv. Many pictures of neighborhood events appear in color on the website and on the Facebook page.

Get to know your neighbors in text and print and learn the news: http://www.sunsethillsneighborhood.org. The *information* tab contains a list of tradespeople recommended by neighbors. If you are not on the listserv go to *Email listserv* and submit your email address to be added as a member of the monitored listserv. The neighborhood Facebook page is: https://www.facebook.com/SunsetHillsGSO

When you have a question about tradespeople, spot a stray dog or cat or note something unusual, submit a message to the listserv and the message goes out to all the members. The listserv is monitored to keep the messages relevant to this area and on topics about the neighborhood. You must have paid your 2017 dues to submit a non-emergency message to the listserv.

• • • • • • • • • • • • • • • •

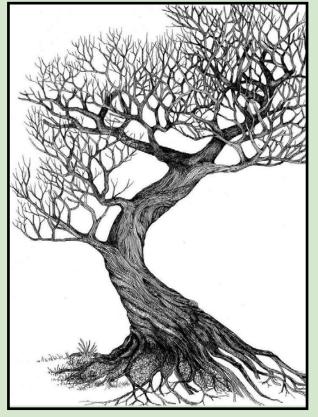
DUES are due in January. However, it is never too late to pay for the current year. Please remit your \$10 directly to the treasurer, Elaine Brune at 2504 Sylvan Rd. Checks for more than \$10 will be accepted as donations to the Sunset Hills Neighborhood Association.

NeighborWoods Project Update and Meeting Announcement By Beverley Gass

Here is an update on the NeighborWoods Project. Sunset Hills. One hundred and two Sunset Hills' residents requested a total of 236 trees. Of these, eightyone are canopy trees and fifty-five are understory trees. Six requests for memorial and honor trees were requested. The response has been nothing short of amazing when you consider that the goal was 150 trees.

Kathy Cates, City Beautiful Director, said "Congratulations on such a fantastic response! Your team is a dream to work with!!!" The City Beautiful staff and the City of Greensboro staff are confirming locations, identifying any duplicates that can be eliminated, and are checking on utility conflicts over the next several weeks.

On October 5, a second community meeting will be held at 5:30 – 6:30PM at the First Christian Church, 1900 W. Market Street in the fellowship room in the basement. At this meeting the City Beautiful staff, folks from



Greensboro Beautiful and Judson Clinton, the Greensboro Arborist will discuss detailed plans for the rest of the project including the planting of trees. This will be an important opportunity to learn about what will be happening between then and November 4, the planting day.

Please plan to attend this very important meeting on October 5 where you can get all your questions answered.

Rates for 2017 Newsletter Advertising \$20- biz card size

\$20- biz card size \$40- 1/4 pg (3.5 x 4.5) \$80- 1/2 pg (3.75x9.75) \$160- full pg(7.5x9.75)

Add \$10 if your dues are not up-to-date. Contact Carl or Marlene (see Newsletter Team on page 2) to arrange for an ad. Then send your check to Elaine Brune, address on page 2. Thanks to our advertisers for helping to offset the cost of this newsletter.

Ad and Photo Submission

Adobe InDesign is used for layout of the newsletter. All photos and graphics that are submitted should be high resolution (300 dpi plus). Photos should be sent as jpeg images. High resolution pdf is also good. Remember, it is always easy to change to 72 dpi for the web, but not as good to change low resolution to high resolution. Please submit ads in the actual size you want.

If you have questions, please contact me at cllindse@gmail.com and I will be glad to help.

HELEN FARSON ~ ARTIST Impressionist Oil Paintings Gloriosa Studio and Garden 1807 Rolling Road, Greensboro, NC 27403 336-430-7526



Through the Vineyard 30x40" Oil on Canvas The season is coming. Give the gift of art. Or add an original painting to your own home.

Landscapes, Still Life, Interiors, small to large. Visitors welcomed in the studio. Please call or email ahead.

Commissions accepted. Classes and workshops available.

hfarson@triad.rr.com www.helenfarson.com



a Sunset Hills home, then make it yours with a new kitchen or a sunny study off the back.

Purchase + Renovation financing from MVB Mortgage can bring it all within reach.

Your financing specialists:

Daniel McCoy (336) 255-0445 Senior Loan Officer • NMLS ID# 485895 daniel.mccoy@mvbmortgage.com

Danny McCoy (336) 210-1343 Branch Manager • NMLS ID# 485898 danny.mccoy@mvbmortgage.com

Eric Gillespie (336) 580-7350 Loan Officer • NMLS ID# 1325664 egillespie@mvbmortgage.com



Finance

Your Dream

Home

with MVB

McCoyTeam at MVB Mortgage

p. Inc., a wh Company NMLS ID# 181519 (www.nmlsco NValley Rd, Ste 505, Greensboro NC 27408

Sunset Hills — my heart, my home, your home.

Buying or selling, home means everything. Let's make your real estate dreams come true in a neighborhood with outstanding history and character.

BERKSHIRE HATHAWAY HomeServices Yost & Little Realty



Chairman's Circle Platinum Award 2013 Chairman's Circle Gold Award 2010, 2011, 2012 336.337.5233

Chairman's Circle Platinum Award 2015, 2016

MELISSA@MELISSAGREER.COM



TRANSPORTATION SAFETY ISSUES

by Todd Jones and Gerry Alfano

You many have noticed the electronic speed monitoring sign at Friendly and W. Greenway in July or you may have noticed the motorcycle traffic enforcement police patrolling our neighborhood. Hopefully, you weren't one of the drivers who received a speeding ticket. This special attention is in response to a bad accident that happened at W. Greenway and W Friendly on the evening of May 19. Diane Cashion's brother and sister-in-law were seriously hurt in the accident. They had been visiting her at her home on Pinecrest.

We are all aware of all the speeding that occurs on W. Friendly, as well as on the "cut through" streets between W. Friendly and W. Market, such as Elam and Chapman. We decided it was time to find a solution. We enlisted the help of our city council representative, Nancy Hoffmann, and asked the Greensboro Department of Transportation (GDOT) and the police department to analyze the traffic problems on W. Friendly. As we expected, there is high level of speeding on the stretch of W. Friendly where the accident occurred (between N. Elam and The Mad Hatter). The highest speed that was recorded was 75 miles an hour at 3 am. Based on the results of the analysis, the police department increased enforcement in the area. They will continue the increased enforcement, but we need additional means of slowing down traffic and making it safer for drivers, bicyclists, and pedestrians in our neighborhood. GDOT has been unable to come up with any changes that we think would be effective We decided that the next step should be a SHNA meeting with representatives of GDOT and the police department so that we can discuss our concerns and suggest solutions.

We have set up a SHNA meeting with Nancy Hoffman, Adam Fischer (GDOT department head), and Assistant City Manager David Parrish on Thursday, September 28th at 7 pm in the First Christian Church on Market St. We also sent out an e-mail on the Sunset Hills Listserv asking residents about their concerns with traffic safety. We asked them to suggest possible solutions to our speeding and traffic issues. We don't believe our neighborhood is any different from other neighborhoods when it comes to speeding and red light running. It is a city-wide problem. We do, however, have a unique situation in that we have, on the northern boundary of Sunset Hills. a four-lane street (W. Friendly Ave.) that cuts across the city. We have another four-lane street that bisects the neighborhood (W. Market St.) and cuts across the city. Drivers speed on both these streets and then use streets that cut through the neighborhood to go from one to the other. They are speeding on cross through streets and creating safety issues for the residents. We have lots of walkers and runners in our neighborhood, as well as bicyclists and children playing. We need drivers to follow the rules of

the road so that the neighborhood is safe for everyone.

We received lots of feedback to the Listserv e-mail request. These have already been sent to GDOT for their consideration. The issues mentioned by Sunset Hills residents included speeding on W. Friendly, W. Market, Elam, Chapman, Tremont and several other cross streets in Sunset Hills. Neighbors are concerned about the high level of traffic around Our Lady of Grace Church which causes problems on Waverly, Berkley, and Tremont. Suggested solutions included four-way stop signs, speed bumps, speed monitoring signs, and flashing lights.

We hope that you can attend the SHNA meeting on September 28th. Please bring additional concerns and suggested solutions to the meeting. We do ask that everyone be respectful to each other and to the city staff. We know that these issues elicit strong responses from many of us. After all, it concerns the safety of ourselves and our families. It will require all of us working together to make sure that our neighborhood is safe.

One Space Community Acupuncture greensboro's affordable acupuncture Acupuncture doesn't have to be expensive to be effective. We offer affordable acupuncture in a peaceful environment. A sliding scale of \$20-\$40 per treatment (plus an additional one-time \$10 consultation fee for new patients). You decide what to pay. No proof of income required, no questions asked. Everyone receives high-quality care no matter what they pay on our sliding scale model. By appointment only, please call (336) 937-2895 www.1SpaceAcupuncture.com 1250 Revolution Mill Dr., Suite 162 Greensboro, NC 27405

September 2017



Running of the Balls 2017 By Nick Loflin

The run/walk this year is on December 9th with registration opening on September 9th.

The presenting sponsors are back for the 2017 event (Hawthorne and Premier FCU) and we are happy to announce the addition of Chick-fil-A of the Triad as a presenting sponsor. Other sponsorship opportunities are available. If you are interested in your business's logo appearing on this year's tee shirt and free spots in the race, while sponsoring a great cause, contact Nick for information nick@rwhevents.com. 100% of sponsorship proceeds go directly to Second Harvest Food Bank.

There will not be big changes, but maybe a few changes to make things a little smoother and collect more food for the food banks. Here are some possible changes:

- 1. Chick-fil-A will be partnering with Omega Sports to incorporate a canned food drive during packet pick-up at Chick-fil-A. Bring canned goods, pick up running packet and get free food from Chick-fil-A.
- 2. Reaching out to a local TV station (WXII, WGHP or WFMY) as a sponsoring media outlet
- 3. Using smaller stages along the course so the stages are easier to move at the end of the festivities. Traffic will be able to resume more quickly.

As always, your input is huge. We want to continue to ensure this race is something Sunset Hills can feel proud of being a partner with us in hosting.

Let us know what you think about these and any other issues that might not be on our radar. Thanks again for letting us be part of your neighborhood. Hope you're well and look forward to seeing you again real soon.



The annual Lighted Christmas Ball (LCB) making party is scheduled for the Sunday before Thanksgiving, November 19, weather permitting. Rain date is usually the Sunday after Thanksgiving. Keep an eye on the listserv for more information closer to the date.

For people new to the Sunset Hills neighborhood, we get together and make the LCBs that decorate the trees in the neighborhood. We share food and expertise while mashing chicken wire into shape and winding tiny lights around the resulting balls.

Consider Yourself More than an Audience At The Music Academy of North Carolina!

By Jackie Tanseer

The day came when I wanted to consider myself more than just an audience. That was the day I put voice lessons on my bucket list, and soon thereafter became a student at The Music Academy of North Carolina. Little did I know that this late bloomer's plan to learn to sing like a songbird would initially be a frightening experience.

As I strolled into the foyer of The Music Academy, a piano in a distant classroom appeared to serenade me as I entered this new world. The halls were dotted with the hopeful faces of young – what appeared to be elementary level – students. Two confident looking teenage girls swept by me as they busily chattered about their day. A dashing young man gripping the handle of an instrument case hurriedly turned the corner toward a classroom. Here I was, a retired senior citizen without a single voice lesson or choir experience, putting myself in this youthful, energy-filled environment. What was I thinking? "Invisible, that's what I will be," I told myself. "All these young people will walk right by me and never know I'm here!"

Butterflies swept from my lower abdomen to my diaphragm as the door of my assigned room came into full view. I turned the door handle and peered inside. There she was, my voice teacher, with her warm smile and calm manner beckoning me into the world of the academy. A sense of calm flooded my body from head to toe. I felt free to release my small, frail voice in this closed intimate space. That day my participation in the academy began to empower me. High school students soon embraced me in their world of duets and trios. Together we discovered our inborn talents that were just waiting to be awakened. Before long came a real surprise for me: two more "golden girls" crossed paths with me, and we created a trio we informally call "The Bifocal Babes." We even had the luxury of teaming on occasion with a singing "silver fox"! One of the highlights of our trio was singing madrigals during the winter season.

Now I am no longer a permanent fixture in the audience. I am finally brave enough to ascend to the stage. The once caged bird now has awakened, taken flight, and sings like no one is watching!

The Music Academy of North Carolina (MANC) is a non-profit community music school located in Greensboro. For over 30 years, MANC has served its students and community through private lessons, group classes, performances, workshops, summer camps, partnerships with schools and retirement communities, competitions, outreach, and much more.

The Music Academy seeks out the most qualified and experienced faculty to reach nearly 1,000 students weekly. Lessons and classes are available in a plethora of instruments and styles for students of all ages and abilities. MANC believes in the transforming power of music and strives to educate all who desire to learn. Limited financial aid is available to students who need it.

Immerse yourself or a loved one in music at MANC! Visit www.MusicAcademyNC.org for details regarding lessons, classes, and events, and consider making a donation to support our mission while you're there. Better yet, join us for our Soirée fall fundraiser on October 14 to hear some great music and see what we're all about! Details online.

ARTSTOCK

By Jerry Pifer

Artstock developed from the Artist's Support System Established Synergy. It was started in 1996 by a small group of local artists to provide support and share ideas and concerns. Two years later, in 1998, the first Artstock Studio Tour took place. The group meets regularly to plan the Piedmont Triad event for the second weekend of October.

Artstock collectively represents individual visual artists in the Greater Greensboro area by presenting the annual Artstock Studio Tour. The tour promotes the distinctive talent of each artist, and in turn underlines the creativity within our broader community.

The participating artists display their work in their own studios as well as at group and gallery locations. This tour is free and open to the public – look for the red balloons at each location!

This year's Tour will be Saturday October 14th from 10:00 am to 5:00 pm and Sunday, October 15th, from 1:00 pm to 5:00 pm. A complete list of the artists participating in the tour, their addresses, and examples of their work will be posted early in September on the Artstock Tour website http://www.artstocktour.com

Feel free to contact Jerry Pifer, 308 Woodbine Court, 336-273-8861, for additional information.



http://www.sunsethillsneighborhood.org



Healthy Pets Have Clean Teeth

Proper dental care helps give your pet a good, long life... preventing mouth infections and loss of teeth. Bacterial infections in the mouth have a direct line through the bloodstream to your pet's heart, liver & kidneys. One year in between dental oral care for your pet is equivalent to 7 years of no dental care for your teeth.

Schedule an appointment for September or October and receive a 20% DENTAL DISCOUNT

University Animal Hospital Breensboro, PLLC



CHRISTINE HUNT, DVM 1607-B West Friendly Ave. • Greensboro • 279-1003 (At corner of W. Friendly Ave. & Westover Terrace ext.) www.DrChristineHunt.com

MAKING A DIFFERENCE IN THE WORLD ONE SMILE AT A TIME

Friendly Dentistry has a dental philosophy that is simple: allowing each patient to be well-informed, educated, and able to make his or her own dental choices. We are friendly, compassionate and painless.

Our team of experienced Greensboro dentists is determined to make a difference in the world, one smile at a time.

Teeth Whitening for New Patients! When you become a new patient at Friendly Dentistry, you get a free teeth whitening kit at your first complete check-up with x-rays and a cleaning!

336·272·4595 www.greensboro-dentist.com



FRIENDLY DENTISTRY®

GUY RIBANDO, D.D.S.

MARK WILKINSON, D.D.S.



BRITTANV SEMONES, D.D.S.

The Forest that Was and What Remains

By Randal Romie

The forest that existed 90-100 years ago when the first homes were built in what is now the Sunset Hills neighborhood was full with White Oaks, Hickories, Poplars, Maples and Sweetgum. Some of these trees were already 50+ years old and are still standing. I perceive the first homes that were built in the neighborhood were located with some intentional and sensitive regard for the trees. I also believe that the desire to save the trees did not take into consideration that the trees would flourish and consequently lead to a 30"- 40" caliper tree growing 5'-10' away from a house – which we see commonly today. It is also really intriguing to consider the large Oak trees that exist about 10' out from the front door of some homes. I wonder if it was for shade on a southeast-southwest side of the house (with no air conditioning other than open windows), or if it was a prominent display of building and integrating with nature.

Mike Cusimano, the previous Urban Forester for the City of Greensboro, said that the Sunset Hills neighborhood was like a retirement community for Oak trees. That profound statement was one of the reasons that Sunset Hills was awarded the Greensboro Beautiful NeighborWoods program for this year. Approximately 100 new Oaks, Maples and Black Gums (NOT Sweetgums) will be planted on November 4 this year. This will help to balance the fact that approximately 80 of our large Oaks have come down just in the last two to three years. Also 100+ understory trees will be planted under the 100 year-old canopy of the trees that remain. The future seems bright and simultaneously shade-filled.

What to do with our existing trees?

- 1. Take a look at them now, while the leaves are still on them. Start at the top and look slowly down the sides and inside. Look for dead limbs without leaves. Check for irregular bark, a possible sign of a dead limb.
- 2. Look at your trees from different angles and sides. Your neighbor may have been staring at a dead limb in your tree for months.
- 3. Is your tree balanced, having equal size and number of limbs on all sides?
- 4. Check to see if your tree is leaning. If it were to fall what would it land on?
- 5. If you see a possible hazard or dead limbs, consult with a registered Arborist. There are good ones in Greensboro, and ones that provide services often in Sunset Hills.
- 6. Consider an annual maintenance contract that provides for removing dead limbs, proper thinning, and deep-root fertilization to keep your tree alive and surviving for more years.
- 7. Looking ahead, removing a tree can allow for surrounding trees to fill-in in its place, and in time.
- 8. The older Dogwoods continue to die back and some put out new growth from the bottom or on newer limbs. Keep removing the old-dead part of the tree so the energy in the tree can provide for the new growth. The shape of the tree will change and you can change with it. Nurture it and it will continue to reward you with flowers.
- 9. Removing and replanting with a properly sized tree in the right place, in relation to your house and other trees, is always a good idea.
- 10. Have you heard the Robert Browning quote; "Grow old along with me, the best is yet to be." I offer that this is what our trees say to us. They typically live longer than we do and give of themselves the oxygen that we breathe.

The Special Situation of Ash Trees

Regarding the Ash trees in Greensboro, the Greensboro Beautiful Urban Forestry Committee, wants to help spread the word about the Emerald Ash Borer (EAB) and do everything possible to save as many Ash Trees in Greensboro as we can. Recently, Greensboro Beautiful partnered with Davey Tree Company to have approximately 20 Ash Trees treated in Lake Daniel Park. Davey donated approximately \$10,000 of material & labor to treat these trees and erect an informative sign on-site for educational purposes about the EAB. Greensboro Beautiful provided funds to treat and preserve key trees in established collections in the Greensboro Arboretum. We also know of a petition being submitted to the City of Greensboro in the participatory budget process to get more funds for treating more Ash trees. There are some large beautiful Ash trees in Sunset Hills.



Breakfast, Lunch & Supper

336.617.7105 • freshlocalgoodfoodgroup.com 908 Cridland Road • Greensboro, NC 27408



Fresh.Local.Good.

CATERING & EVENTS



336.870.8103 • freshlocalgoodfoodgroup.com 433-107 Spring Garden Street, Greensboro, NC 27401



Staring at ice By Marlene Sanford



it's illegal to be born there, to die there, and to leave the town when you should know better (or without a rifle.) Only about 40,000 tourists make it there every year. Occasionally they don't all make it back!

We left cell-service behind and joined the G Adventures crew of expert guides and 125 fellow-voyagers on an ice-strengthened ship that gives you a special parka that's extra warm and bright SO THEY CAN FIND YOU IN A BLIZZARD BEFORE A POLAR BEAR DOES! But they also give you fascinating lectures, and there's a bar. Every day we devoured breakfast, lunch and dinner, and in between we ventured out in zodiac boats in search of strange arctic thingies. Suiting up was a process in itself, and always finished with special boots and a splash through a vat of disinfectant to minimize our impact on the delicate arctic ecology.



"Yes, yes, yes! Thank you so, so much!" I enthused when my sister and brother-in-law offered to plan my vacation. Various family crises had consumed all my time off and most of my brain for over 5 years. I desperately needed a real vacation involving other continents and foreign cultures. "Just give us some dates, write a check, and we'll do the rest. How about a cruise?" they said. Ever hear "if it sounds too good to be true...?"

Early in August we flew to Oslo, then 3 hours even further north for 12 days in and around Svalbard, an archipelago well into the Arctic Circle, only 500 miles from The Actual North Pole, with 24/7 sunlight and the most dense polar bear population in the world! It also has the most northerly permanent human settlement in the world, a town so small and with medical facilities so basic that



Often, we'd land and trek through tiny tundra flora, including forests only ¹/₂" high with leaves starting to turn fall colors. We visited abandoned mines and trapper huts, strolled through reindeer herds and watched arctic foxes. Once we found a great pile of 30-40 napping walrus to watch. Five young ones woke up, came to within 25 feet of us and watched us back!

Because polar bears will hunt humans, armed scouts always went first and stayed on lookout, and intentional bear watching was always only from the zodiacs. One special afternoon we found a napping

(continued on Page 13)

http://www.sunsethillsneighborhood.org

(continued from Page 12)



I highly recommend it if you have a great capacity for staring at ice.

My sister and brother-in-law have offered the same trip planning service for next year. Guess what I said.



Lee Rogers

Beautiful & Distinctive Gardens

leerogersdesign.com

mother and two not-so-napping cubs close to shore. One cub scampered our direction, clearly intent on swimming out to visit. Mamma nixed the swim, but did allow a nice long family stroll along the water's edge to check us out. They were just 50 feet away.

Sometimes we just plowed through sea ice as far as you could see. Other times we'd zodiac-cruise glaciers and icebergs of infinite sculptural shapes and shades of blue, even catching a couple of calvings. We saw seals and birds, and one evening a blue whale joined us for a while after dinner. Another day we cruised the famed cliffs of Alkefjellet, nesting site of about 180,000 arctic Guillemots. Sometime in late August, the adults drop to the water and commence a deafening cacophony to convince the chicks to "jump!" so they can start migration. This "fledging" only lasts a few days and is a rare sight for humans. We saw it!

Despite a few days in beautiful, civilized Oslo, this vacation was bizarre, but also enchanting and remarkably tranquilizing.



336.209.0376

https://www.facebook.com/SunsetHillsGSO

Andy's Market & Festival By Lisa Garrett

Saint Andrew's Episcopal Church has been hosting an annual bazaar for over 100 years and the church members always enjoy seeing neighbors from Sunset Hills. This year Saint Andrew's has some exciting new changes and the event is now called Andy's Market & Festival to reflect these changes. Please visit Saturday, October 7 from 9:00 a.m. – 2:00 p.m. at 2105 W. Market St.

Andy's Market & Festival has something for everyone; there will be live music and supervised activities for children. Lunch will be served on the lawn from 11:00 – 1:00 with BBQ and hot dog lunches available. There will also be an interactive project to create warm scarves for people experiencing homelessness. Indoors, the market will feature beautiful gift baskets, homemade baked goods, unique hand -crafted items, artesian glass pieces, ladies accessories, exciting silent auction selections, and raffle tickets for a Samsung Galaxy tablet and Fitbit. All proceeds from the marketplace will fund local community needs!

Come join your neighbors for fun, food, shopping, and community service!

Primary Oct 10 - early voting starts Sept 21 Election Nov 7.

There is still time ... to have a lush lawn next spring!

Aerate • Seed • Fertilize

Fall is the best time to Plant trees & shrubs

FULL SERVICE PROPERTY MAINTENANCE WITH YEARLY CONTRACTS AVAILABLE

> MULCH / PINE NEEDLES (delivered and spread)



LEAF REMOVAL PLANTING PRUNING GENERAL CLEAN-UP

Reid King Landscaping, LLC

336.404.7465 | reidking7@gmail.com Sunset Hills Resident • Free Estimates • Licensed & Insured

Pope Francis: "Huntington's Disease is 'HIDDEN NO MORE!' " / Or Cause for Applause

By Kathy Martinek, President Huntington's Disease Society of America NC Chapter

The Italian scientist in the gigantic Sala Nervi at the Vatican whispered to me: "When you see the Swiss guard near the statue of the Resurrection, you'll know the Pope is about to appear." With goose bumps and pounding hearts we all waited. Soon a hush settled over the audience, then applause and cheers as this unprecedented event began to unfold.

Pope Francis crossed the stage ready to meet a global audience of 1700 Huntington's disease family members and supporters on May 18. Many were flown from South America where the incidence of Huntington's disease is often1000 times greater than in other parts of the world due to impoverishment and intermarriage.

Pope Francis is the first world figure to bring awareness of the disease in such a powerful way to the attention of the public. It finally put a face to this very debilitating, genetic brain disorder that has no treatment or cure. Each child of a parent with the defective Huntington gene has a 50% chance of inheriting the disease. The stigma and shame around the disease has persisted for generations.

The Pope spoke for 20 minutes, recalling the very heart of Christian teaching: care for our brothers and sisters, taking care of the sick. Too many people have remained in the terrible, lonely HD closet for years. "You are precious" he said many times. Today we are here....to say to ourselves and all the world: "HIDDEN NO MORE!"

Pope Francis then took one hour threading his way up and down each row of HD families in the audience, speaking with them, hugging them, consoling and blessing them.

See and hear the compelling stories of the South Americans who made the trip to the Vatican that historic day. Go to www.HDdennomore.com and click on Meet the Families. You will see why this was such an important moment in history.



NEW: Sunset Hills now owns a property engraver! This can be used to engrave identifying information, such as a name or a number, onto your valuable items. The Greensboro Police Department has provided a form that owners can use to log their items and identification info. In case of theft, the owner can refer back to a record of the identification information and report this to the police in hopes of helping recover the missing items.

Please contact Mary Schwarz at 720marybeth@ gmail.com to borrow the engraver.









From home repairs to full custom renovations, we would love to be your builder of choice!

3D Rendering Available! FREE ESTIMATES! 336-272-0099

Service@CDIBuilders.com

Your Neighbor and Builder for Over 15 Years!!

Fully Insured . Employee Background Checks

#BRITPT

Healing our friends and neighbors since 2005.

BritPT offers pain and wellness solutions via a manual therapy approach. Specialized in dry needling since 2012.

Checkout our neighborhood location adjactent to Lindley Park.

Schedule an appointment with our experienced and compassionate team at www.britpt.com

3723 West Market St, Unit B 336-299-9394



336-652-2300 • MosquitoJoe.com

\$39.99 FIRST TREATMENT

No Contracts
100% Satisfaction Guarantee
Kid and Pet Friendly

Let us rid your yard of pesky mosquitoes, ticks and fleas.

SUNSET HILLS PARK REPORT

By Gerry Alfano, Sunset Hills Garden Club Park Chair

Sunset Hills is fortunate to have a beautiful park running through the center of the neighborhood. The 9.7acre park is situated between East and West Greenway Drives and is divided by 3 streets: Rolling Road, Madison Ave. and Market St. It has 3 recreational areas for children, picnic tables and benches throughout the park, and a tennis court in the section between Rolling Road and Madison Avenue. More than half the park is a natural area with a creek running down the middle. Over the years, the Park has had more than one name. It has been called Greenway Park as well as Sunset Hills Park. That has created some confusion, especially after the City of Greensboro (COG) started installing a greenway. A couple of years ago, the COG and Sunset Hills Neighborhood Association (SHNA) agreed that the official name of the park would be Sunset Hills Park.

The Sunset Hills Garden Club (SHGC) has had an Adopt-A-Park agreement with the City of Greensboro for many years. According to the agreement, the SHGC works in partnership with the COG to maintain and improve SH Park. The assistance that the city staff has given us has varied over the years. One of Greensboro's greatest assets is its large number of parks throughout the city. The City is continuing to add parks. They have not, however, added sufficient staff to maintain all the parks. Consequently, the neighborhood parks have been receiving less and less attention. In the last couple of years, the SHGC, with financial support from the SHNA, has hired professional help for some of the maintenance of the SH Park.

For the future, the SHGC plans a four-pronged approach to maintaining the park:

- 1. Professional help two times a year to clean the vegetation along the creek as well as some of the heavier pruning.
- 2. Neighborhood volunteer park work days to clean the park twice a year and to mulch the beds once a year. The SHGC would organize and supervise the neighborhood work days.
- 3. City of Greensboro Field Operations assistance on bushwhacking, tree planting and removal, leaf blowing, removal of debris from clean-ups, and grass cutting.
- 4. An Adopt-A-Bed program that will ask residents to adopt and take care of individual beds in the park with the assistance of SHGC members.

The SHGC will be sending out announcements about the SH Park work days and about signing up for the Adopt-A-Bed program. Please watch the SH Listserv for these announcements. If you are not on the Listserv (and you should be because it's a valuable resource) or have questions, please contact Gerry Alfano at mtisdel@ att.net or 336-707-5406.

SUNSET HILLS NEIGHBORHOOD ASSOCIATION MEETING

Date: Thursday, September 28, 2017 Time: 7:00 PM Location: First Christian Church 1900 West Market St.

Topic: Traffic Safety in Sunset Hills

Guests: Nancy Hoffmann, District 4 City Council representative Adam Fischer, Greensboro Department of Transportation Director David Parrish, Assistant City Manager

Celebrate the 90th Anniversary of the Carolina Theatre By Carole Lindsey-Potter

Save the date! On Saturday evening, October 21, the Carolina Theatre will celebrate its 90th anniversary with a spectacular show of Greensboro talent and memories. Enjoy the dramatization of the rebirth of the Carolina Theatre in the 70s and enjoy performances by the NC A&T Step Team, Greensboro Youth Symphony, Community Theatre of GSO, Bennett College Choir, Greensboro Ballet, Warren,Bodie & Allen, and the Razz-Ma-Tazz Musical Revue Company.

Your house may be worth more than you think!



Go to www.SunsetHillsHouseValue.com for a FREE report on your home!

Service provided by Team Leung, Keller Williams Realty, 336-508-1111



Volunteer Corner *By Carole Lindsey-Potter*

Welcome to a new feature in the newsletter. We want to hear about your interests and your involvement in community organizations and projects. What are you passions? Why do you give your time? And how does volunteering affect your life. Share your stories.

In my third year of retirement, I have found many outlets for helping others. I started with Wesley Long Hospital where I volunteer in the admissions department, serve on the volunteer board, and also knit soft caps for chemo patients. In a different vein, I enjoy being a timer for swimming events at the Greensboro Aquatic Center through

Greensboro Sports Com. I also work diving events and figure skating events. And I thoroughly enjoy community volunteerism, mainly working with Marlene Pratto on the Sunset Hills Neighborhhood Newsletter. But today I want to focus on my latest volunteer project, being a board member for the Greensboro Ballet. This wonderful organization offers exceptional ballet training to children through adults, as well as classes in modern dance, jazz and ballroom. If the students progress to be the company trainees and then company members, they dance alongside professional dancers and perform in major ballet productions such as the annual "Nutcracker". They have had opportunities to learn the original Balanchine choreography of "Serenade", which was an honor to be chosen by the Balanchine Foundation for this special permission. My daughter started studying with Greensboro Ballet when she was six and remained with them until she graduated from High School. During those years, she became a company trainee and then spent four years in the company. In addition to ballet, she learned discipline, time management, and dedication, all traits that helped her immensely as she went through high school, UNC for college, Seattle Pacific University for an MA in TESOL, and University of the Arctic (Tromsø, Norway) for a MPh in theoretical linguistics.

As a member of the Greensboro Ballet Board, I want to let you know about a special fundraising evening. On Saturday, October 21, the Greensboro Ballet will present a fun-filled evening at the Jan Van Dyke Performance Space at the Greensboro Cultural Center. "Shall We Dance", Dance the Night Away with Greensboro Ballet will be a fun party with live music, dancers, a ballroom dance lesson, an auction, cash bar, and lots of fun. Tickets are only \$50.00 and proceeds will help to support the many Greensboro Ballet programs. For tickets, contact Carole Potter at cllindse@gmail.com or go to the Greensboro Ballet website, www.greensboroballet.org/



GREG BARBOUR MASONRY Masonry at its Best!! www.gregbarbourmasonry.com 1810 Morgan Smith dr Greensboro N.C 27405 336-521-3448 336-951-2007

Greg Barbour Masonry provides services for all your Masonry needs. Beautifying your home with any sort of masonry additions that you are persuing..Specializing in walkways,patios,retaining walls, etc.. Hey!! We do stone work too!!!

Take a look at our website. www.gregbarbourmasonry.com Work# 336-521-3448.. We Want To Talk To You!!!

barbour@

Membership Report as of August 31

We added another 18 new neighbors to our membership since July. Thank you all. There are now 346 neighbors that have paid 2017 dues. The names in bold and * made a contribution as well.

If your name is not listed and you have paid, I apologize. Please let me know and I will correct it. If you haven't paid your dues yet, there still is time. Dues are \$10 per year per household. A check can be made out to Sunset Hlls Neighborhood Association and mailed or dropped off to me at 2504 Sylvan Road, Greensboro, NC 27403. Or you can use Paypal to pay your dues. The link is on our website: http://www.sunsethillsneighborhood.org/calendar.html.

Again, thanks for dues and contributions! Elaine Brune Treasurer

Lennie Averna & Mark Albers Lonnie & Susan Albright Audrey Albright Maria Alsup Ellen Ammirato Jesse & Leslie Anderson Rober & Elizabeth Arms Robert & Patricia Arnett Spencer & Susan Andrews Karen Hill & Don Atkinson Diane Aycock David & Kitty Baker Lee & Denise Baker Brian & Audrey Baldwin Cliff & Liz Ballard* Elaine Brune & Roger Bardsley Vance & June Barron* Beverley Gass & Anthony Bartholomew Bryan & Annetta Bartle Carl & Linda Bass **Dezree Bass*** Mariche & Holli Bayonas Sarah Beale John & Charlotte Bernard* Reto & Emmy Biaggi Sidonna Black* Ryan & Sarah Ann Blankenship John & Mary Ellen Boelhower Amber Hollars & Matt Bowen Philip & Brenda Bowman David & Ellanore Brauneis Lee & Betsy Brodeur* Shanna Letner & David Brown Iulie Brown Nick & Ronni Brownlee Stephen & Deborah Bryant Jamey Presson & Phil Bullington* Marin Burton Chris & Mary Anne Busch* **Cindy Butner*** Peggy Byrd* **Cynthia Carrington** Michael & Lisa Carter Paige Casey Dawn Chaney Fred & Susan Chappell* **Brigitte Chauvigne*** George Cheek* Carter & Monica Clendenin Reeves & Elton Click Hilton & Catherine Cochran* 21 Sunset Hills

Beth Seal & Eddie Collins Michael Cooke & Douglas Lester Phillip & Susan Conlon* Dava Cox* John & Izzy Coyne Ryan Craig Catherine Crowder Stephen Culkin Elizabeth Brennan & Bill Cummings Teresa Dail Steve & Linda Danford **Bradley & Margaret Davis*** Evelyn Day Jane Dempsey* James & Dana DeRosier Kathy Burton & Brad Deuterman* **Bright Dickson** Rick & Carol Diehl Kevin & Cindy Dollar Frank & Ann Dorner* Pamela Frye & Connie Dupree Rodger & LuAnn Durham David & Robin Elder* Iames & Patricia Elder Kathi Ellis* **James Ennis** Linda Erickson* Michelle Erickson Betty Everhart Steven & Erin Farney Jim & Helen Farson James & Marnie Fenley* Timothy & Melissa Fleming* **Travis & Julie Finn*** Daniel Fioramonti Tim & Chrissy Flood Jenny Forbis* **Robert Foster** Michael & Laura Gage* Jack & Annette Garvey Nevill & Ann Gates Nadia Hassan & Mat Gendle James & Susan Gentry Cheri George* Tim & Jessica George Susan McMullen & Bob Gingher Leah Giovan John & Brenda Glenn Michelle Togut & Vladimir Goldenberg Daniel & Stephanie Goodrich* Brooks Graham https://www.facebook.com/SunsetHillsGSO

Anne Beatty & Adam Graham-Squire Melissa Greer* Elaine Talbert & Ken Gruber* Courtney Guadagno Tom & Kate Guthrie Roger & Kristi Haight Debra Hall Janis Hammett & Al Chilcott* Graeme & Catherine Hampton Ricky & Robin Hardy Scott & Jane Harkey Bob & Sherry Harris David & Kathy Harris Linda Goolsby & Dana Harris* Robert & Elizabeth Hassard Davne & Bethann Hassell Scott & Jennifer Hazzard* Jeffrey & Linda Hayes Alice Haddy & Ed Hellen Susan Hensley Dason & Heather Hill Madeline Hodge* Shirl Hoffman* Bonnie Holland Z & Charlene Holler* Anne Holliday Mary Louise Smith & Cheryl Hopkins Troy & Sarah Hopkins Anthony & Stephanie Hudnell Neil & Margaret Huffman* Raymond & Nancy Hunt **Rob Hyler*** Stephen & Ginny Inman Maggie Jeffus* William & Katherine Jennings* Kimber Johnson Larry & Susan Johnston* Percy & Nora Jones* **Todd Jones* Bailey & Cathy Jordan*** David & Laurie Joslin* Kevin & Kristine Kattmann Kristy Jackson & Bobby Kelly Dennis Kelly John & Amy Kelly Brian & Annie Kendrick Paul & Janet Kershaw* Jim & Cathy Kimel Hap Kimmel Pam Chappell & John King* Reaves & Layne King

Reid & Dianne King Kenneth & Sally Kinka Chris & Amy Kirkman April Maybery & Beth Klein Bill & Pam Knight* Jean Paul, Marvella & Jean Pierre Koenig Kelli Tillman & Jim Kupiec Jonathan & Kathryn Kreider* Eric & Greyson Kuhn Peter & Kathleen LaMuraglia Derrick & Anne Lankford Gary & Jane Law* Geoff & Dolores Lawson Kathy Lautermilch Larry & Rene Lawrence Andra West & Aaron LeBauer **Ronald & Emarita Leitner*** Susan Lenhart Charles & Mary Lewis* Buster & Lisa Lewis Mike & Georgia Lineback Rebekah Lee & Eleanor Link Laurie Hardman & Carl Lockwood Lillian Lovings Harley & Mollie Lyles* Charles & Anne Lyons Craig & Lyn Mankoff* Janet Boseovski & Stuart Marcovitch Marcia Mohney & John Martin Tom & Kathy Martinek* Peter & Anna Martinek-Jenne* John & Patricia Martinez* Eric & Calliste Mansell* John & Liz Mayer* Ashley & Brett Mazzei Jeff & Marilyn McCann Daniel & Leah McCoy Jim & Karen McCullough Brian & Marianne McDonald Amanda McGehee Marcia McHenry John & Renee Merlini* Calvin & Kerry Meyers Steven Willis & Scott Michaels Jody & LeAnn Miller Iane Mitchell* Hayden & Debbie Monroe Jason & Paula Monsees Aaron & Wendy Morrow Larry & Claire Morse All & Ben Moore & Thomas Welch & Family* Dan & Joy Moore Phil & Mary Mac Moore Robert & Lee Moses Karen Stout & Deborah Mott Bob & Evelyn Nadler Ron & Mona Neal Teri Nelson* Leslie Newby* Buzz & Martha Newland Nicole Naviglia Larry & Susan Osborne Todd & Laura Oxner

Barbara Parret Eric & Donna Patton Philip Pearman Michael & Amanda Pelon Mike & Mary Pendergraft Donna Brandon & Rebecca Perry* Carl & Helen Phillips Jim & Susan Phillips Karen Phillips Michael & Joanna Phillips **Tom Pickard*** Danielle Hatfield & Brandon Pierce Jerry & Deborah Pifer Larry & Gerry Pike Neda & Elizabeth Pitt David & Donna Plyler Chip & Carole Potter Kevin & Eileen Prufer* Marlene Pratto* Betty Purcell Skip & Sarah Purcell William Rascoe Burke & Cindy Ramsay Lenox Rawlings Aubrey & Britney Ravenel Debbie Kipp & Larry Ray Bradford & Anne Reaves* Greg & Karen Rechtin Linda Hiatt & Peter Reichard Jesse & Ashleigh Reier Virgil & Caroline Renfroe Bryn McCall & Richard Renton Rita Revnolds Loyd & Libby Rich Sharon Weber & Mchael Roberto Marlene Talley & Edward Robinson Bo & Melanie Rodenbough Gary & Lee Rogers Jennifer Rogers & Michael Job Lyn Rollins Randal & Kimberly Romie Christine Rothbart* Jeri & Katherine Rowe Olav & Matina Kalcounis Rueppell Chris Santana Malcom & Gwen Robbins Schug Ray & Mary Schwartz Stephen Scott* Brittany Semones* Patrick & Eileen Shannon* Kathy Shapley Gardner Sheffield Thomas & Sherry Shook* Will & Margee Shore Thomas & Wendy Sibley Michael & Jacquelyn Sigmon Rob & Cynthia Slater Susan Slocum Ioe & Barbara Small* Ron & Victoria Small Emily Hass & Andrew Smith **Elizabeth Smith*** Jonathan & Anne Smith

http://www.sunsethillsneighborhood.org

Mark & Lynn Smith Michael & Deborah Smith Carolyn Shankle & Moreland Smith* Jane Younts & Wayne Smith Joseph & Michelle Soler Jonathan & Vickie Sparrow* James & Catherine Spessard Mike & Leslie Stainback Mark & Elizabeth (Boo) Stauffer Michiko Stavert* Richard & Martha Stepnowski Janet Lilly & James Steele Jim & Janet Stenersen Drayton & Jane Stott Ferdinand Stout Bob & Jo Strack Gwen Strange* Mac & Linda Stroupe* Andy & Marti Sykes Jamie & Kesha Talbert Scott & Jackie Tanseer* Ben & Marissa Tario Josh & Jennifer Tarlton Kirk & Kara Tate Craig & Anna Taylor Martha Teague Jeff & Julia Testa Jody & Lynn Tester Doug & Karen Thurbon Paul & Robin Timmins Jo Rainey Tisdale* Gerry Alfano & Merrill Tisdel* Bryan & Billie Toney* Gloria Turlington Michael & Adrianne Trainor* **Deborah Koper & Steven Truitt*** Lisa Tunstall Steven & Amy Turk Gloria Turlington Randall & Lisa Underwood Joy Seibold & Richard Vest* Bruce von der Lippe Anne Wallace* Paul & Judy Walmsley Erin Johnson & Lee Walton Kathy Turner & Lisa Weaver* Patricia Webb Scott & Rhonda Welch Darrel & Cindy Wells* Herb & Ellen Wells* **Richard & Lois Wells*** Elisabeth Wert Christine Morris & Jeffery West Phyllis White Jeff & Becca Whitworth Mark & Valerie Wilkerson Bill & Nina Williams* Elizabeth Hart & Fred Williams* James & Janet Windham* Joe Woolard III Scott & Kishie Wyatt* Beth Woody & Randy Yardley* Erol & Lisa Yurtkuran Michael Gaspeny & Lee Zacharias Helen Zornes

September 2017

MADEHATTER

DINE



Dine Well Proudly Offers Catering!

Boxed Lunches, Corporate Functions, Wedding Receptions, Event Planning. We Provide Food, Staff, Rentals & Alcohol.

No Matter The Size Of The Event We Can Make It Happen With Amazing Food & Unsurpassed Service.

We Will Be Your Full Service Caterer! Call 336-841-0222 or Email catering@dinewelltriad.com

DINE WELL CATERING

3915 Sedge Brook St, Greensboro-High Point 27265 336-841-0222 Fax 336-841-0227 WWW.DINEWELLTRIAD.COM We're kaput if we are not supported by our neighbors, so we are sponsoring this newsletter to support our neighbors. — Dennis & Nancy King Quaintance

